# More than just the mean : Modeling intra-individual variability with the mixed-effects location scale model

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# A fruitful convergence

From a methodological point of view : "Variances are not always nuisance parameters"

Understanding the structure of variability and estimating its different components is as central as understanding the mean structure.

From a psychological point of view : short-term intra-individual variability can be a conceptual tool

We, as psychologists, use quantifications and models of intra-individual variability to measure and describe human functional and dynamic characteristics.

This reinforces the need to a deeper investigation on intra-individual variability above and beyond the normative view of mean values and heterogeneity among subjects.

# Plan

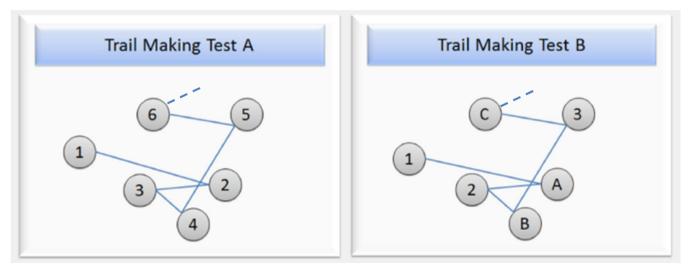
- 1. Quantifying intra-individual variability
- 2. Modeling between-subject and within-subject variances using mixed-effects location scale models
- 3. A Bayesian model for estimating intra-individual variability as a predictor

Participants and procedure :

Thirty-five adults aged 61-97 years (mean age 71 years), MMSE > 25. Eight measurement occasions, every two weeks (data collected by J. Lebahar, Phd).

At each measurement occasion :

Trail Making Test



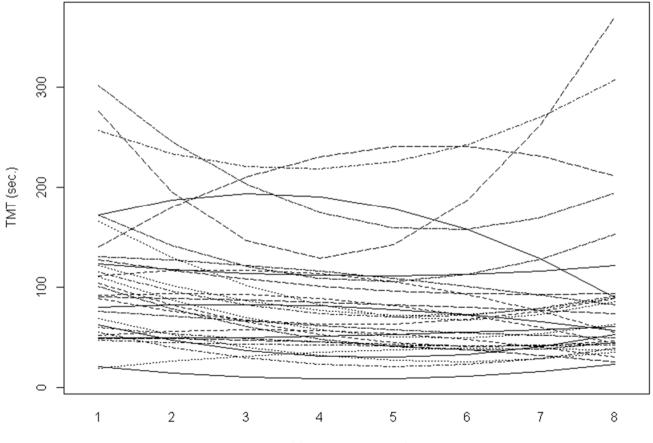
Realization time in sec.

Intra-individual variability of Realization Time for the Trail Making Test

ID - 250 - 200 TMT (sec.) ID ID Measurement occasion

The first 6 participants

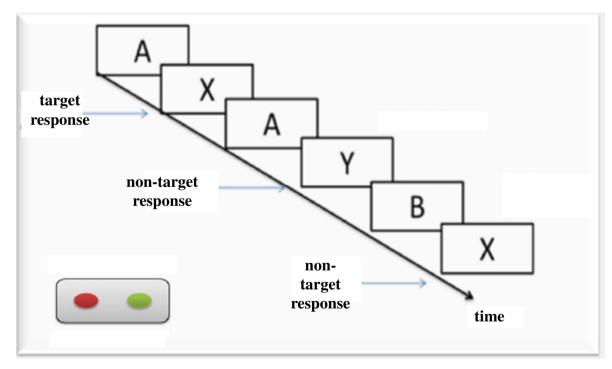
IDs in IIV in Realization Time for the Trail Making Test



Measurement occasion

At each measurement occasion :

*The AX-Continuous Performance Test* : 100 trials (40 AX, 20 AY, 20 BX, 20 BY) : RT for correct responses.



Reaction time (RT) in sec.

#### Data from an illustrative example

Intra-individual variability of Reaction Time for AX-CPT (session 3)

RT (msec.) 000 in 

Trial

The first 6 participants

# Quantifying intra-individual variability

# A two-stage approach

Stage 1

Estimation of one or another index of IIV on the basis of observations at the individual level.

 $\rightarrow$  Each estimate has its own error of estimation.

Stage 2

IIV as an outcome :

- regression of IIV on one or several covariates of interest. IIV as a predictor :
  - regression of one or several outcomes of interest on IIV.
- → More often, the SE of estimation will be downwardly biased and the probability of rejecting a null hypothesis although it is true (Type I error) will be inflated.

The amplitude of intra-individual variability (ISD)

 $Y_{t,i}$ : the observed score of individual *i* at occasion *t*;  $T_i$ : the number of measurement occasions for individual *i*;

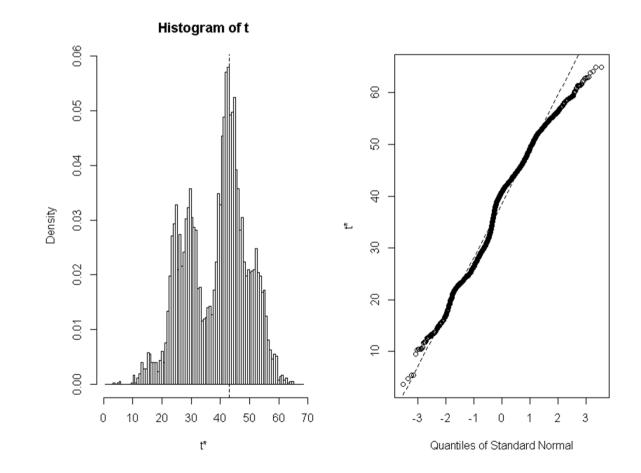
raw-score 
$$ISD_i = \sqrt{\frac{\Sigma(y_{t,i} - y_{i.})^2}{T_i - 1}}$$
 and raw-score  $ISD_i^2$ .

No consideration of temporal order or serial correlation.

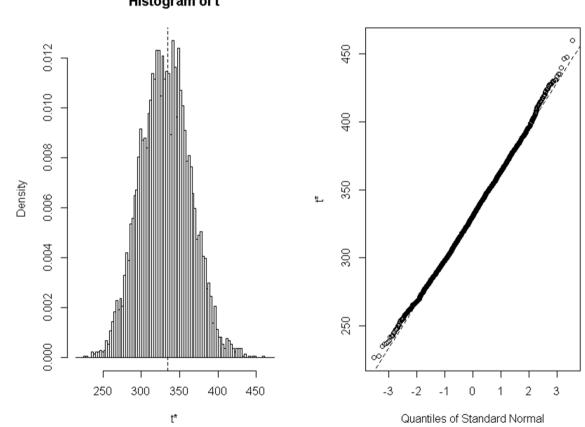
Practical

 $\rightarrow$  An application with R

TMTb : empirical distribution of *ISD* for subject 2 (5000 bootstrap samples); ISD = 43.04, 95% IC [17.63, 56.19].

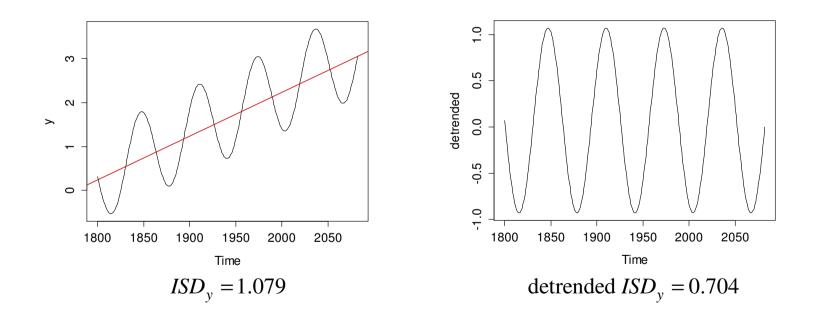


AX-CPT Reaction Time : empirical distribution of *ISD* for subject 1 (5000 bootstrap samples); ISD = 334, 95% IC [269, 396].



Histogram of t

*ISD* and *ISD*<sup>2</sup> are sensitive to systematic intra-individual change (trends).  $\rightarrow$  detrending the data :



Raw-score *ISD* and *ISD*<sup>2</sup> are likely to be correlated with individual mean scores. Raw-score Individual Coefficient of Variation (*ICV*) and detrended *ICV*.

#### The temporal dependency in the data

The autocorrelation or the degree to which current observations are correlated with previous observations.

The autocorrelations can be obtained for different lags.

 $\rho_i(\tau)$  is the autocorrelation at lag  $\tau$  ( $\tau = 1, 2, ...$ ) with :

$$\hat{\rho}_i(\tau) = \frac{\hat{\gamma}_i(\tau)}{ISD_i^2}$$

 $\hat{\gamma}_i(\tau)$  is the auto-covariance at lag  $\tau$  defined by the covariance between pairs of observations that are formed by  $y_{t,i}$  and  $y_{t+\tau,i}$ .

Practical

 $\rightarrow$  An application with R

### The degree of temporal instability

Refers to occasion-to-occasion squared differences and combines both the amplitude of intra-individual variability and the temporal dependency.

The mean square successive difference (MSSD) :

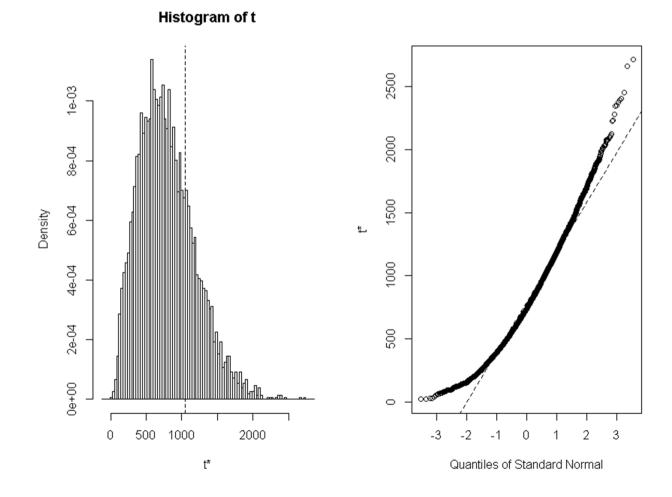
$$MSSD_{i} = \frac{1}{T_{i} - 1} \sum_{t=1}^{T-1_{i}} (y_{t+1,i} - y_{t,i})^{2}$$

Given stationary data,  $MSSD_i = 2ISD_i^2(1 - \hat{\rho}_i(1))$ . The MSSD is a lag-dependent measure.

Practical

 $\rightarrow$  An application with R

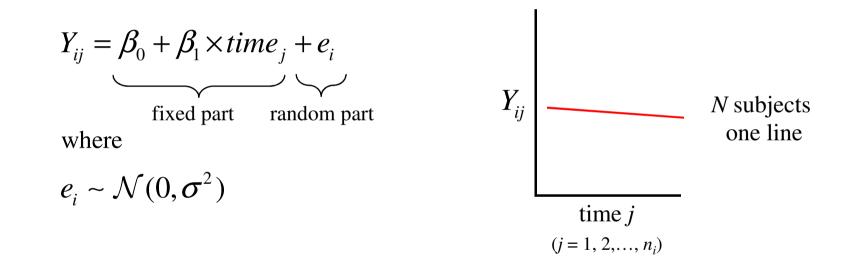
TMTb : empirical distribution of mssd for subject 1 (5000 bootstrap samples); mssd = 1050, 95% IC [166, 1683].



Modeling between-subject and within-subject variances using mixed-effects location scale models

#### **Simple linear regression on time**

Measurement y of subject i (i = 1, 2, ..., N) on occasion j ( $j = 1, 2, ..., n_i$ )

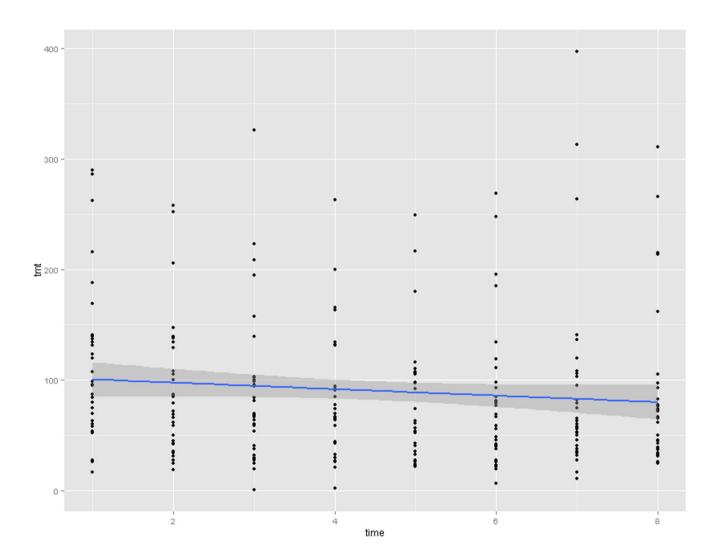


Practical

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# **Simple linear regression on time**

*TMT Realization Time* : Evolution of performance over time : linear trend



MRMs account for the influence of subjects on their repeated observations

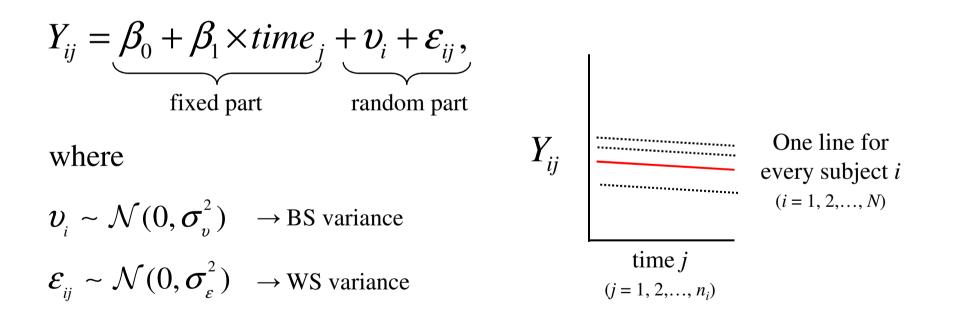
Random subject effects reflect each subject's performance or development across time.

Random subject effects = between-subjects (BS) differences in intercept, linear slope, quadratic slope, etc. of the regression function.

Differences between subjects are measured by the variance of the random effects :

- the BS (inter-individual) variance,
- the within-subjects (WS) or intra-individual variance.

The two-level random intercept model



The two-level random intercept model

Measurement y of subject i (i = 1, 2, ..., N) on occasion j ( $j = 1, 2, ..., n_i$ ) :

$$y_{ij} = x_{ij}^{'}\beta + v_i + \varepsilon_{ij} \qquad (1)$$

 $x_{ij}$  is the  $p \times 1$  vector of regressors ;

 $\beta$  is the  $p \times 1$  vector of regression coefficients ;

 $v_i$ : random effects for intercepts,

 $v_i \sim \mathcal{N}(0, \sigma_v^2), \ \sigma_v^2$  represents the BS variance ;

 $\varepsilon_{ii}$ : residual "random" effects that are assumed to be independent of  $v_{i}$ 

 $\varepsilon_{ij} \sim \mathcal{N}(0, \sigma_{\varepsilon}^2), \ \sigma_{\varepsilon}^2$  represents the WS variance.

 $\sigma_v^2$  and  $\sigma_\varepsilon^2$  are supposed to be homogeneous across subject groups or levels of covariates.

In the long format, each row is one time point per subject

The stacked data set :

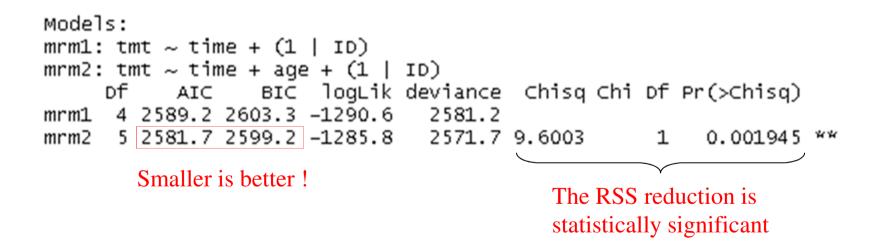
ID	time	age	fab	tmta	tmtb	tmt
1	1	68	18	60	199	139
1	2	68	18	41	141	100
1	3	68	18	56	152	96
1	4	68	18	46	178	132
1	5	68	18	42	140	98
1	6	68	18	43	162	119
1	7	68	18	49	185	136
1	8	68	18	53	158	105
2	1	88	16	37	206	169
2	2	88	16	34	173	139
2	3	88	16	39	139	100
2	4	88	16	35	200	165
2	5	88	16	37	144	107
2	6	88	16	29	85	56
2	7	88	16	39	180	141
2	8	88	16	51	213	162
•••	•••	•••	•••	•••	•••	•••

Practical

 $\rightarrow$  An application with R

Evolution with time and effect of age on the trail making test performance.

Results of the Chi-square test used to compare mrm1 and mrm2 :

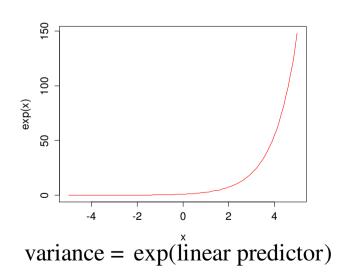


*TMT performance : Evolution with time and effect of age* 

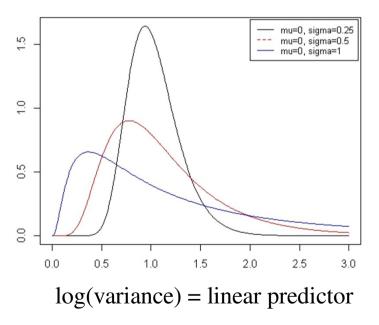
```
Linear mixed model fit by REML ['lmerMod']
Formula: tmt ~ time + age + (1 | ID)
   Data: tmt31
Random effects:
         Name Variance Std.Dev. \rightarrow BS variance : \sigma_v^2
 Groups
 ID
                     1336 36.55 \rightarrow WS variance : \sigma_e^2
 Residual
Number of obs: 248, groups: ID, 31
Fixed effects:
             Estimate Std. Error t value
(Intercept) –115.6516 68.3211 –1.693 \beta_0: constant term
time -2.9228 1.0130 -2.885 \beta_1: time \rightarrow tmt
     2.8758 0.8863 3.245 \beta_2: age \rightarrow tmt
age
Correlation of Fixed Effects:
     (Intr) time
time -0.067
age -0.988 0.000
```

Assumptions that  $\sigma_v^2$  and  $\sigma_\varepsilon^2$  are homogeneous across subject groups or levels of covariates can be relaxed.

 $\rightarrow$  Using a log-linear representation for variances (to ensure positive variances)







$$y_{ij} = x_{ij}^{'}\beta + v_i + \varepsilon_{ij}$$
(1)

BS variance : 
$$\sigma_{v_i}^2 = \exp(u_i \alpha) \text{ or } \log(\sigma_{v_i}^2) = u_i \alpha$$
 (2)  
fixed part + random part

WS variance: 
$$\sigma_{\varepsilon_{ij}}^2 = \exp(w_{ij}^{\prime}\tau) \text{ or } \log(\sigma_{\varepsilon_{ij}}^2) = w_{ij}^{\prime}\tau$$
 (3)

fixed part + random part

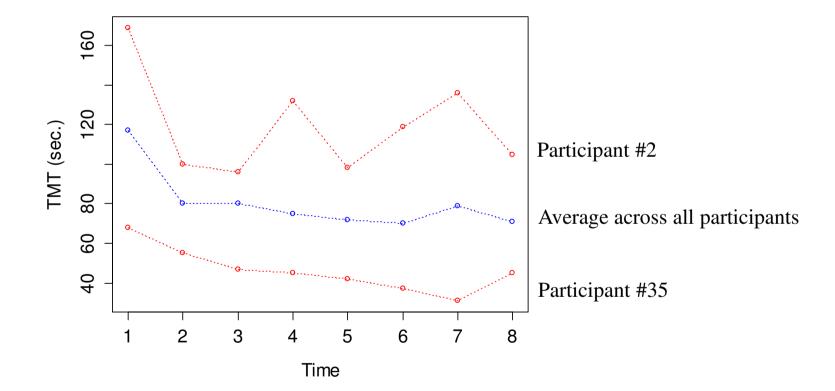
(Hedeker, Mermelstein & Demirtas, 2008, 2012)

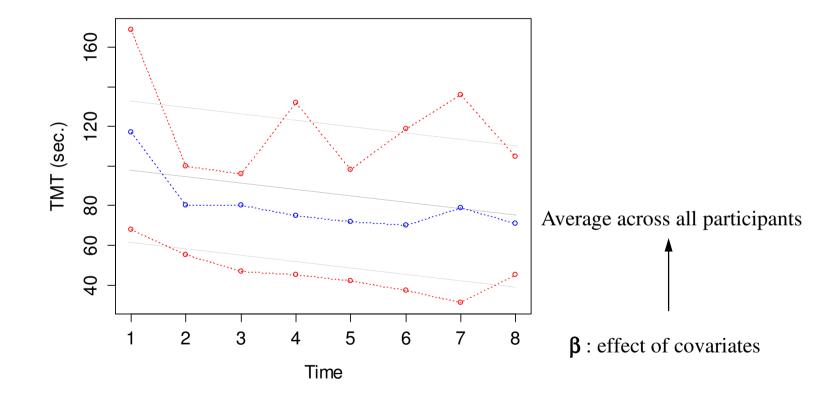
 $\rightarrow$  Some covariates can influence the BS and WS variances.

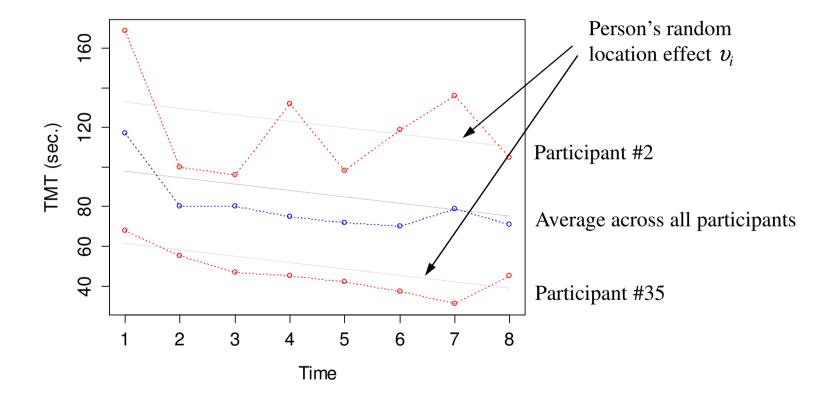
BS variance : - subject-level covariates  $\rightarrow \log(\sigma_{v_i}^2)$ 

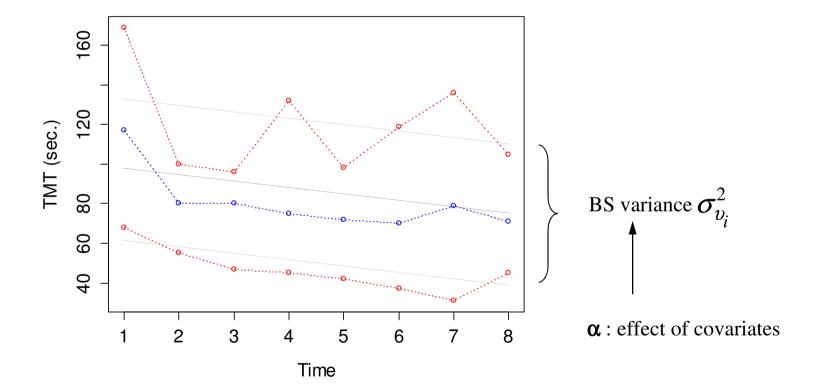
WS variance : - subject-varying covariates  $\rightarrow \log(\sigma_{\varepsilon_{ij}}^2)$ - time-varying covariates  $\rightarrow \log(\sigma_{\varepsilon_{ij}}^2)$ - residual variation across subjects :  $\log(\sigma_{\varepsilon_{ij}}^2) = w_{ij}^{'} \tau + \omega_i$   $\omega_i \sim N(0, \sigma_{\omega}^2)$  random subject (scale) effects

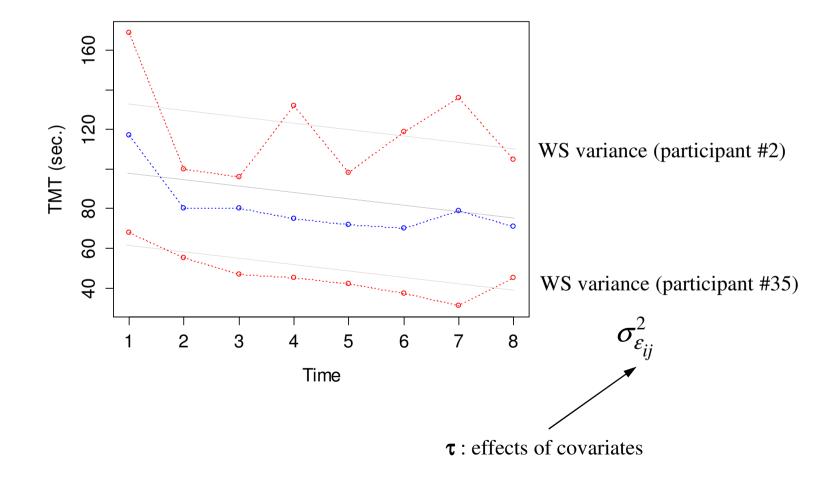
(Hedeker, Mermelstein & Demirtas, 2008, 2012)

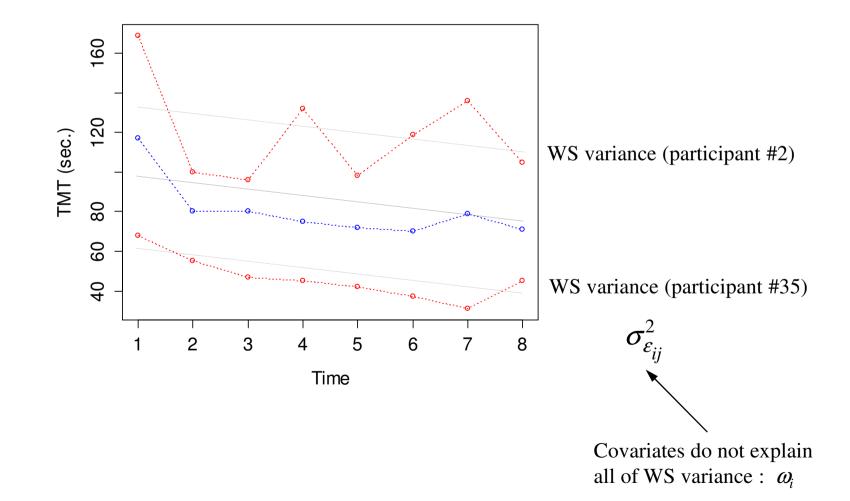




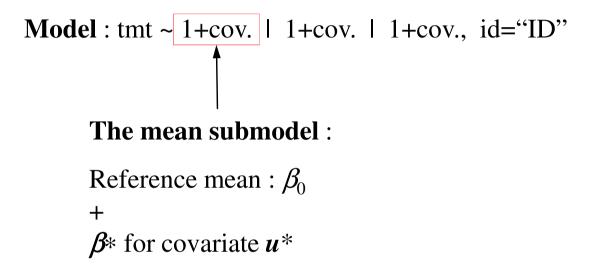








EXAMPLE - Analysis of the trail making test performance with random location and scale effects using MIXREGLS (Hedeker & Nordgren, 2013)



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**Model** : tmt ~ 1+cov. | 1+cov. | 1+cov. , id="ID"

```
The BS variance submodel :
```

Reference variance :  $\exp(\alpha_0)$  when  $u_j = 0$ 

+  $\exp(\alpha *)$  for covariate  $u^*$ 

EXAMPLE - Analysis of the trail making test performance with random location and scale effects using MIXREGLS (Hedeker & Nordgren, 2013)

**Model** : tmt ~ 1+cov. | 1+cov. | 1+cov. , id="ID"

The WS variance submodel :

Reference variance :  $\exp(\tau_0)$  when  $w_{ij} = 0$ 

+  $\exp(\tau^*)$  for covariate  $w^*$ 

*EXAMPLE* - Analysis of the trail making test (part B) performance with random location and scale effects using MIXREGLS

Results :	MODEL : tmtb ~1   1   1, id="id"				
	-2 ln L: 451.560				
	Variable	Estimate	AsymStdError	z-value	p-value
	BETA (regression coefficients)				
	Intercept ( $\beta_0$ )	2.232	0.2171	10.283	0.000
	ALPHA (BS variance parameters: log-linear n	nodel)			
	Intercept ( $\alpha_0$ )	0.336	0.2926	1.149	0.251
TAU (WS variance parameters: log-linear model)					
	Intercept ( $\tau_0$ )	-1.576	0.226	-6.965	0.000
	Influence of the location random effect on the	(log of the) V	VS variance		
	${ au}_{ ext{linear}}$	1.056	0.190	5.553	0.000
	Standard deviation of the random subject scale	effect			
	$\sigma_{\omega}$	0.347	0.189	1.833	0.067
	BS variance : $exp(\alpha_0)$	1.399			
	WS variance : exp $(\tau_0 + 0.5^* (\tau_{linear}^2 + \sigma_{\omega}^2))$	0.369			
	ICC = BS/(BS + WS)	0.791			

*EXAMPLE* - Analysis of the trail making test (part B) performance with random location and scale effects using MIXREGLS

Results :	MODEL : tmtb ~ time   1, id="id"									
	-2 ln L: 413.792 ; Likelihood ratio test : $\Delta \chi^2 = 451.60-413.79 = 37.81$ , $\Delta df = 2$									
	Variable Estimate AsymStdError z-value p-									
	BETA (regression coefficients)									
	Intercept ( $\beta_0$ )	2.489	0.237	10.504	0.000					
	time $(\beta_1)$	-0.080	0.016	-5.147	0.000					
	ALPHA (BS variance parameters: log-linear model)									
	Intercept ( $\alpha_0$ )	0.499	0.301	1.661	0.097					
	time $(\alpha_1)$	-0.056	0.031	-1.776	0.076					
	TAU (WS variance parameters: log-linear model)									
	Intercept ( $\tau_0$ )	-1.727	0.231	-7.466	0.000					
	Influence of the location random effect on the (log of the) WS variance									
	$ au_{ ext{linear}}$	1.138	0.184	6.202	0.000					
	Standard deviation of the random subject s	scale effect								
	$\sigma_{\omega}$	0.101	0.427	0.237	0.813					

*EXAMPLE* - Analysis of the trail making test (part B) performance with random location and scale effects using MIXREGLS

Results	MODEL : tmtb ~ time + tmta + age   1   age, id="id"								
	-2 ln L: 392.580 ; Likelihood ratio test : $\Delta \chi^2 = 413.79-392.58 = 21.21$ , $\Delta df = 2$								
	Variable	Estimate	AsymStdError	z-value	p-value				
	BETA (regression coefficients)								
	Intercept ( $\beta_0$ )	1.893	0.209	9.053	0.000				
	time $(\beta_1)$	-0.052	0.010	-5.111	0.000				
	tmta ( $\beta_2$ )	0.693	0.172	4.035	0.000				
	age $(\beta_3)$	0.508	0.157	3.238	0.000				
	ALPHA (BS variance parameters: log-linear model)								
	Intercept ( $\alpha_0$ )	-0.370	0.305	-1.212	0.226				
	TAU (WS variance parameters: log-linear model)								
	Intercept $(\tau_0)$	-1.710	0.197	-8.671	0.000				
	age $(\tau_3)$	0.504	0.198	2.547	0.011				
Influence of the location random effect on the (log of the) WS variance									
	${ au}_{ ext{linear}}$	0.955	0.161	5.918	0.000				
	Standard deviation of the random subject scale effect								
	$\sigma_{\omega}$	0.000	0.215	0.000	1.000				

*EXAMPLE* - Analysis of AX-CPT reaction time with random location and scale effects using MIXREGLS

Results :	MODEL WITHOUT ANY COVARIATES		: tr ~ 1   1   1, id=	="id"	
	-2 ln L: -167.264				
	Variable	Estimate	AsymStdError	z-value	p-value
	BETA (regression coefficients)				
	Intercept ( $\beta_0$ )	0.629	0.025	25.190	0.000
	ALPHA (BS variance parameters: log-linear model)				
	Intercept ( $\alpha_0$ )	-3.889	0.252	-15.424	0.000
	TAU (WS variance parameters: log-linear model)				
	Intercept ( $\tau_0$ )	-3.029	0.177	-17.093	0.000
	Influence of the location random effect on the (log of	the) WS va	ariance		
	$ au_{ ext{linear}}$	0.708	0.158	4.494	0.000
	Standard deviation of the random subject scale effect	t			
	$\sigma_{\omega}$	0.851	0.099	8.540	0.000
	BS variance : $exp(\alpha_0)$	0.020			
	WS variance : exp $(\tau_0 + 0.5^*(\tau_{linear}^2 + \sigma_{\omega}^2))$	0.089			
	ICC = BS/(BS + WS)	0.187			

*EXAMPLE* - Analysis of AX-CPT reaction time with random location and scale effects using MIXREGLS

Results :	MODEL WITH RANDOM SCALE : tr ~ age   1   age, id="id"							
	-2 ln L: -178.394, Likelihood ratio test : $\chi_2^2 = -167.264 + 178.394 = 11.131$							
	Variable	Estimate	AsymStdEr r	z-value	p-value			
	BETA (regression coefficients)							
	Intercept ( $\beta_0$ )	0.048	0.152	0.317	0.751			
	age $(\beta_1)$	0.008	0.002	3.863	0.000			
	ALPHA (BS variance parameters: log-linear model)							
	Intercept ( $\alpha_0$ )	-4.276	0.259	-16.536	0.000			
	TAU (WS variance parameters: log-linear model)							
	Intercept ( $\tau_0$ )	-5.472	1.295	-4.225	0.000			
	age $(\tau_1)$	0.032	0.016	1.909	0.006			
	Influence of the location random effect on the (log of the) WS variance							
	${ au}_{ ext{linear}}$	0.632	0.144	4.386	0.000			
	Standard deviation of the random subject scale effec	t						
	$\sigma_{\omega}$	0.826	0.089	9.232	0.000			

A Bayesian model for estimating intraindividual variability as a predictor

Bayesian statistics starts by using (prior) probabilities to describe the current state of knowledge

The prior distribution represents a specific assumption about a model parameter. It is a distribution of credibility across parameter values  $\theta$  of the model that expresses previous knowledge about the parameter values without the newly collected data :

the prior density  $p(\theta)$ 

The specification of a very uncertain prior implies that the prior has minimal influence on the estimates of the parameters.

Bayesian statistics uses the sampling distribution  $p(y|\theta)$  of the data y as a function of a model with its parameters  $\theta$ 

The likelihood function  $p(y | \theta)$  is the same as the sampling distribution of the observed data y but read in the opposite way.

The value  $\hat{\theta}$  which yields the maximum of the likelihood function for the observed data y is called the maximum of the likelihood estimate of the parameter  $\theta$ .

Bayesian statistics uses Bayes rule and incorporates information through the collected data

Bayes rule describes the relationship between the two conditional probabilities p(A|B) and p(B|A):

$$p(\mathbf{A} | \mathbf{B}) = \frac{p(\mathbf{B} | \mathbf{A})p(\mathbf{A})}{p(\mathbf{B})}.$$

Bayes rule is used to derive the probability of the parameters  $\theta$  given the data y, that is the posterior distribution  $p(\theta | y)$ :

$$p(\theta \mid y) = \frac{p(y \mid \theta)p(\theta)}{p(y)}.$$

The marginal density p(y) is a constant that contains high-dimensional integrals which are often impossible to compute analytically.

Bayesian statistics relies on computer simulations that draw samples from the posterior distribution given a model, a likelihood  $p(\theta | y)$ , and data y

Integration is typically performed by computer simulations :

Let the data be y and a vector  $\theta = (\theta_1, \theta_2, ..., \theta_k)$  of k unknown parameters.

- 1. Choose initial values  $\theta_1^0, \theta_2^0, ..., \theta_k^0$
- 2. Sample  $\theta_1^1$  from  $p(\theta_1 \mid \theta_2^0, \theta_3^0, ..., \theta_k^0, y)$ Sample  $\theta_2^1$  from  $p(\theta_2 \mid \theta_1^0, \theta_3^0, ..., \theta_k^0, y)$

Sample  $\theta_k^1$  from  $p(\theta_k | \theta_1^0, \theta_2^0, ..., \theta_{k-1}^0, y)$ 3. repeat step 2 very many times (e.g. 50000) The sequence of random draws for each of *k* parameters resulting from step 3 forms a Markov Chain Monte Carlo (MCMC) sample.

If chains are converged, the sample that approximates the posterior is summarized for inference : mean, mode, median, variance, probability interval (e.g., 95% PI) for every parameter.

*The Bayesian variability model* (Wiley, 2015):

- 1. offers unbiased, correct estimates ;
- 2. gives more effective and more power results with smaller sample sizes ;
- 3. accounts for systematic changes ;
- 4. allows for some missing data.

#### A two-stage modeling

1. Estimating intra-individual variability of  $X_{ij}$  (subject *i*, occasion *j*) in a mixed-effects regression framework :

$$X_{ij} \sim N(\mu_i, \sigma_i^2)$$

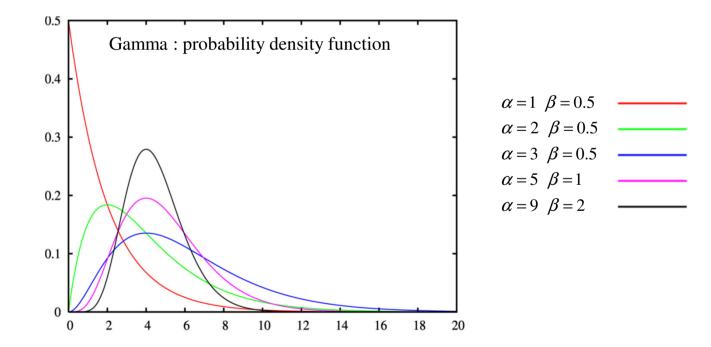
Prior distribution on  $\mu_i$ :  $\mu_i \sim N(\mu_\mu, \sigma_\mu^2)$ ;

Reference prior on  $\sigma_i^2$  that is independent of  $\mu_i : \sigma_i^2 \sim \Gamma(\alpha, \beta)$ , with shape and (inverse) scale parameters  $\alpha$  and  $\beta$ .

#### A two-stage modeling

1. Estimating intra-individual variability of  $X_{ij}$  (subject *i*, occasion *j*) in a mixed-effects regression framework :

 $\sigma_i^2 \sim \Gamma(\alpha, \beta)$ , with shape and (inverse) scale parameters  $\alpha$  and  $\beta$ .



A two-stage modeling

2. Using the estimate of intra-individual variability, accounting for measurement error, as a predictor in a multiple regression framework :

$$Y_i \sim N(\mu_{2i}, \sigma_2),$$

where:

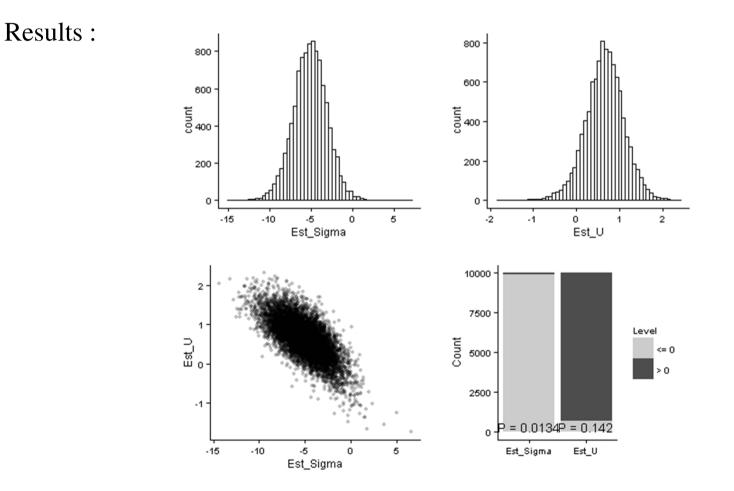
$$\mu_{2i} = \beta_0 + \beta_k Covariates_k + \alpha_1 \sigma_i + \alpha_2 \mu_i.$$

latent (estimated) variables from step 1

EXAMPLE - Analysis of the effect of intra-individual variability (TMT part B) on performance on the Frontal Assessment Battery (FAB) using 'varian'

Results :	MODEL							
	tmb ~time + tmta + age   ID (linear time detrending) var_intra(tmtb) + mean(tmtb) $\rightarrow$ FAB							
	VARIABILITY ANA	ALYSIS						
	TMT.B	Estimate	95% CI	p-value				
	intercept	2.01	[1.84, 2.52]	0.000				
	time	-0.05	[-0.07, -0.03]	0.000				
	tmta	0.54	[0.39, 0.99]	0.013				
	age	0.55	[0.42, 0.92]	0.001				
	$\sigma_{\mu}$	1.01	[0.72, 1.38]	0.000				
	gamma shape	3.91	[2.11, 6.60]	0.000				
	gamma rate	8.01	[4.02,13.92]	0.000				
	average ISD $(\alpha/\beta)$	0.49						
	FAB							
	intercept	18.96	[16.92, 21.01]	0.000				
	$\alpha_1$ : var_intra(tmtb)	-5.12	[-9.20, -1.19]	0.013				
	$\alpha_2$ : mean(tmtb)	0.65	[-0.29, 1.53]	0.142				
	residual	1.35	[0.67, 1.99]	0.000				

EXAMPLE - Analysis of the effect of intra-individual variability (TMT part B) on performance on the Frontal Assessment Battery (FAB) using 'varian'



EXAMPLE - Analysis of the effect of intra-individual variability (TMT part B) on performance on the Frontal Assessment Battery (FAB) using 'varian'

Results :

random effects

						_	
ID	est.	2.5% 97.5%	ID	est.	2.5% 97.5%	_	Raw ISD
1	0.88	[ 0.38 , 1.40 ]	1	0.38	[ 0.24, 0.59 ]	_	0.35
2	0.01	[-0.66, 0.68]	2	0.63	[ 0.44, 0.91 ]		0.72
3	-0.46	[-0.97, 0.06]	3	0.41	[ 0.22, 0.69 ]		0.31
4	2.10	[ 1.31 , 2.89 ]	4	0.85	[ 0.62 , 1.19 ]		1.19
5	0.04	[-0.51, 0.59]	5	0.39	[ 0.24, 0.63 ]		0.45
6	-0.09	[-0.62,-0.04]	6	0.50	[ 0.27, 0.83 ]		0.30
•••	•••	•••	•••	•••	•••		•••

 $\sigma_i$ 

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EXAMPLE - Analysis of the effect of intra-individual reaction time variability (AX-CPT paradigm) on performance on the Frontal Assessment Battery (FAB) using 'varian'

Results :

MODEL							
axcpt ~1  ID							
axcpt_var+axcpt_mea	$an \rightarrow FAB$						
VARIABILITY ANA	ALYSIS						
	Estimate	95% CI	p-value				
AX-CPT							
intercept	0.62	[0.57, 0.67]	0.000				
$\sigma_{\mu}$	0.14	[0.11, 0.19]	0.000				
gamma shape	3.18	[1.93, 4.77]	0.000				
gamma rate	12.24	[7.07, 18.98]	0.000				
average ISD $(\alpha/\beta)$	0.26						
FAB							
intercept	16.84	[15.46, 18.21]	0.000				
$\alpha_1$ : var_intra(tmtb)	-1.98	[-6.60, 2.62]	0.387				
$\alpha_2$ : mean(tmtb)	-1.55	[-7.30, 4.23]	0.594				
residual	1.87	[1.46, 2.44]	0.000				

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