

Curriculum Vitae

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Contact

Geneva Motivation Lab
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Academic Education

- 09.2023 **Ph.D. in Psychology**, University of Geneva, Switzerland
"On the effortfulness of cognitive conflict and the shielding effects of volitional processes" (advisor: Prof. Guido H. E. Gendolla)
- 06.2018 **Master in Psychology**, University of Geneva, Switzerland
"Le rôle modérateur de la volition sur l'influence de l'humeur dans la mobilisation de l'effort [Moderating role of volition on the impact of mood in effort mobilization]" (advisors: Prof. Guido H. E. Gendolla, Dr. Nicolas Silvestrini); Grade 6 (best possible)
- 06.2016 **Bachelor in Psychology**, University of Geneva, Switzerland
- 04.2016 **Certification in FACS coding** (Facial Action Coding System)

Academic Positions

- 09.2023 – present **Postdoctoral Researcher**, Geneva Motivation Lab, University of Geneva, Switzerland (Prof. Guido H. E. Gendolla)
- 09.2018 – 09.2023 **Research and Teaching Assistant**, Geneva Motivation Lab, University of Geneva, Switzerland (Prof. Guido H. E. Gendolla)
- 08.2019 – 08.2023 **Teaching Assistant**, course: Introduction to the Psychology of religion, University of Geneva, Switzerland (Prof. Pierre-Yves Brandt)
- 09.2015 – 06.2018 **Student Assistant**, Human Behavior Analysis Laboratory, University of Geneva, Switzerland (Dr. Stéphane With)

Research Interests

Cognitive conflict: measurement, affective nature, and consequences on effort-related indices
Goal/Action shielding: volitional perspective including momentary state (personal choice) and dispositional differences (action-state orientation), and moderation on effortful processes
Growth vs. Fixed mindset: consequences on effort-related processes

Interaction between affective-regulation processes and effort
Cardiovascular psychophysiology

Teaching Activities

09.2019 – 08.2023 “**Introduction to the Psychology of Religion**”, punctual replacements,
Bachelor level course, University of Geneva

Mentoring Activities

09.2018 – present Supervision of 11 student assistants involved in data collection

05.2020 – 02.2021 Cyril Petignat, research internship (in co-supervision with Prof. Gendolla)
“Does high-level cognitive conflict impact resources mobilization?”

Ad hoc Reviewer

Journal of Gerontology: Psychological Sciences; Peer Community in Registered Reports

Other Experiences

01.2023 – 06.2023 **Local Organizing Committee Member**, World Congress of Psychophysiology
2023 (IOP), organized from 26th to 29th June 2023, Geneva, Switzerland

08.2019 **Summer School**, Konstanz International School on Motivation Science
(Kis|Mos), University of Konstanz, Germany
Talk: *Volitional processes moderate the impact of cognitive conflict on effort*

11.2014 – 06.2016 **Research Internship**, Geneva Motivation Lab, University of Geneva,
Switzerland
“Impact du style d’attachement sur la performance cognitive [Impact of the
attachment style on cognitive performance]” (advisors: Prof. Guido H. E.
Gendolla, Dr. Nicolas Silvestrini, Dr. Michael Richter)

Physiological Measurements Skills

Cardiovascular reactivity: Impedance cardiograph, blood pressure, heart rate
Other peripheral measures: Electrodermal activity

Languages and Computer Skills

French and English (notion of Italian)
MS Office, Statistica, SPSS, RStudio, E-Prime, Inquisit

Affiliations

Association du corps des collaborateurs de l’enseignement et de la recherche en psychologie (ACERP,
Association of the mid-level faculty staff of the University of Geneva) ; Association for Psychological
Science (APS) ; Conférence universitaire de Suisse occidentale (CUSO, University conference of western
Switzerland) ; Society for Personality and Social Psychology (SPSP); Society for Psychophysiological

Research (SPR) ; Society for the Science of Motivation (SSM) ; Swiss Center for Affective Sciences (CISA);
Swiss Psychological Society (SPS)

Articles in Peer-Reviewed Journals

Bouzidi, Y. S., & Gendolla, G. H. E. (2023). Action-orientation shields against primed cognitive conflict effects on effort-related cardiac response. *Psychophysiology*. Advanced online issue.

<https://doi.org/10.1111/psyp.14407>

Bouzidi, Y. S., & Gendolla, G. H. E. (2023). Individual differences in action-state orientation moderate task difficulty effects on effort-related cardiac response. *Psychophysiology*, *60*(5), e14238.

<https://doi.org/10.1111/psyp.14238>

Bouzidi, Y. S., & Gendolla, G. H. E. (2023). Is cognitive conflict really effortful? Conflict priming and shielding effects on cardiac response. *Psychophysiology*, *60*(2), e14169.

<https://doi.org/10.1111/psyp.14169>

Bouzidi, Y. S., & Gendolla, G. H. E. (2022). A French Version of the Action Control Scale (ACS-Fr): Psychometric Properties and Predictive Power. *Swiss Psychology Open*, *2*(1), 1–16.

<https://doi.org/10.5334/spo.37>

Bouzidi, Y. S., Falk, J. R., Chanal, J., & Gendolla, G. H. E. (2022). Choosing task characteristics oneself justifies effort: A study on cardiac response and the critical role of task difficulty. *Motivation Science*, *8*(3), 230–238. <http://dx.doi.org/10.1037/mot0000269>

Gendolla, G. H. E., **Bouzidi, Y. S.**, Arvaniti, S., Gollwitzer, P. M., & Oettingen, G. (2021). Task choice immunizes against incidental affective influences in volition. *Motivation Science*, *7*(3), 229–241.

<https://doi.org/10.1037/mot0000225>

Published Conference Contributions

Bouzidi, Y. S., & Gendolla, G. H. E. (2023). Is implicit cognitive conflict really effortful? Insights from studies on effort-related cardiac response. *International Journal of Psychophysiology*, *188*, 22.

<https://doi.org/10.1016/j.ijpsycho.2023.05.053>

Congress Contributions

Bouzidi, Y. S., & Gendolla, G. H. E. (2023, June). *Is Implicit Cognitive Conflict Really Effortful? Insights from Studies on Effort-Related Cardiac Response*. Talk at the 21st World Congress of Psychophysiology (IOP), Geneva, Switzerland.

Gendolla, G. H. E., & **Bouzidi, Y. S.** (2023, March). *Primed Cognitive Conflict, Shielding, And Effort-Related Cardiac Response*. Talk at the 2023 International Convention of Psychological Science (ICPS), Brussels, Belgium.

Bouzidi, Y. S., & Gendolla, G. H. E. (2022, September). *Is Cognitive Conflict Really Effortful? Insights from Studies on Effort-Related Cardiac Response*. Talk at the 17th Congress of the Swiss Society of Psychology (SSP), Zurich, Switzerland.

Gendolla, G. H. E., & **Bouzidi, Y. S.** (2022, May). *The Power of Choice: Effects on Effort Intensity and Effortful Conflict Adaptation*. Talk at the 14th Annual Meeting of the Society for the Science of Motivation (SSM), Chicago, IL, USA.

Gendolla, G. H. E., **Bouzidi, Y. S.**, & Falk, J. R. (2021, October). *Task Choice Immunizes Against Affective Influences on Volition*. Talk at the 40th Motivational Psychology Colloquium (MPK), Zurich, Switzerland.

Poster Presentations

Bouzidi, Y. S., Chaillot, A., & Pralong, J. A. (2023, June). *SporThéraPsy: Une méthode innovante pour prévenir le stress en entreprise [SporThéraPsy: An innovative method for preventing stress in the workplace]*. Poster presented at the Journées Franco-Suisses de Médecine et de Santé au Travail, Lausanne, Switzerland.

Bouzidi, Y. S., & Gendolla, G. H. E. (2023, March). *Action-state orientation, task difficulty, and cognitive conflict effects on effort-related cardiac response*. Poster presented at the 2023 International Convention of Psychological Science (ICPS), Brussels, Belgium.

Bouzidi, Y. S., & Gendolla, G. H. E. (2022, May). *Personal Choice Moderates Cognitive Conflict's Impact on Effort*. Poster presented at the 14th Annual Meeting of the Society for the Science of Motivation (SSM), Chicago, IL, USA.

Bouzidi, Y. S., & Gendolla, G. H. E. (2022, May). *Personal Choice Moderates Cognitive Conflict's Impact on Effort-Related Cardiac Response*. Poster presented at the 34th Annual Convention of the Association for Psychological Science (APS), Chicago, IL, USA.

Bouzidi, Y. S., & Gendolla, G. H. E. (2022, February). *Implicit cognitive conflict's effect on effort-related cardiac response and the moderating role of action-state orientation*. Poster presented at the 2022 SPSP Annual Convention, San Francisco, USA.

Bouzidi, Y. S., & Gendolla, G. H. E. (2021, October). *The Moderating Role of Action-State Orientation on Implicit Cognitive Conflict's Effect on Effort-Related Cardiac Response*. Poster presented at the 40th Motivational Psychology Colloquium (MPK), Zurich, Switzerland.

Bouzidi, Y. S., & Gendolla, G. H. E. (2021, May). *Latent Cognitive Conflict's Impact on Effort-Related Cardiac Response: First Evidence*. Poster presented at the 2021 APS Virtual Convention.

Bouzidi, Y. S., & Gendolla, G. H. E. (2021, May). *Impact of Latent Cognitive Conflict on Effort-Related Cardiac Response and the Moderating Role of Action-State Orientation*. Poster presented at the 13th Annual Meeting of the Society for the Science of Motivation (Online).

Bouzidi, Y. S., & Gendolla, G. H. E. (2020, June). *Stimulus Color Choice Increases Cognitive Control in a Flanker Task*. Poster presented at the APS Virtual Poster Showcase.

Bouzidi, Y. S., Gendolla, G. H. E., Silvestrini, N., Gollwitzer, P. M., & Oettingen, G. (2019, September). *Intention Formation Shields Against Mood Effects on Effort Mobilization*. Poster presented at the 16th Congress of the Swiss Society of Psychology, Bern, Switzerland.