CURRICULUM VITAE

Sarah CAIRO NOTARI, PhD

Current position:	**Senior Lecturer | Research and Teaching Fellow**, Clinical Psychology, Faculty of Psychology and Educational Sciences (FPSE), University of Geneva
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Education

2011 – 2016	**PhD in Psychology**, FPSE, University of Geneva, Switzerland
	Cairo Notari, S. (2016). *The psychological adjustment of women and partners facing breast cancer* [L'ajustement psychologique de la femme et de son partenaire au cancer du sein]
	Supervisor: Prof. Nicolas Favez (UNIGE) Jury: Prof. Paolo Ghisletta (UNIGE), Prof. Friedrich Stiefel (CHUV-UNIL), Prof. Darius Razavi (ULB)
2006 – 2008	**MSc in Psychology**, SSP, University of Lausanne, Switzerland
2003 – 2006	**BSc in Psychology**, SSP, University of Lausanne, Switzerland
1999 – 2003	**High School Diploma**, Liceo Cantonale di Lugano 2, Switzerland

Language skills

- Italian Native language
- French High proficiency (reading, writing, speaking)
- English Advanced knowledge (reading, writing), intermediate knowledge (speaking)

Past and present positions

01/2022 – Present	**Volunteer Scientific Collaborator** [Collaboratrice associée bénévole], University Institute of Primary Care (Prof. Marie-Claude Audétat), Faculty of Medicine, University of Geneva
02/2019 – Present	**Senior Lecturer** [Chargée de cours] – 10%, Clinical Psychology, Faculty of Psychology and Educational Sciences, University of Geneva
02/2019 – Present	**Research and Teaching Fellow** [Maître-assistante] – 35%, Clinical Psychology (Prof. Nicolas Favez), Faculty of Psychology and Educational Sciences, University of Geneva
09/2018 – 12/2021	Research and Teaching Fellow [Maître-assistante], University Institute of Primary Care (Prof. Marie-Claude Audétat), Faculty of Medicine, University of Geneva
04/2018 – 06/2018	Visiting Researcher [Chercheuse invitée], Department of Sexology (Prof. Denise Medico), Faculty of Human Sciences, Université du Québec à Montréal, Canada
01/2017 – 02/2018	Research Associate [Adjointe scientifique], University Institute of Primary Care (Prof. Marie-Claude Audétat), Faculty of Medicine, University of Geneva
02/2016 – 01/2019	Postdoctoral Researcher [Assistante post-doctorante], Clinical Psychology (Prof. Nicolas Favez), Faculty of Psychology and Educational Sciences, University of Geneva
01/2011 – 01/2016	PhD Candidate [Assistante doctorante – Candoc], Clinical Psychology (Prof. Nicolas Favez), Faculty of Psychology and Educational Sciences, University of Geneva
2010 – 2011	Substitute Assistant [Assistante suppléante], Clinical Psychology (Prof. Nicolas Favez), Faculty of Psychology and Educational Sciences, University of Geneva
	Research Fellow [Chargée de recherche], Centre for Psychotherapy Research (Dr. Joëlle Darwiche), University Institute of Psychotherapy, DP-CHUV, University of Lausanne
2009 – 2010	Intern Psychologist [Psychologue stagiaire], Centre for Psychiatric Epidemiology and Psychopathology (Prof. Martin Preisig), DP-CHUV, University of Lausanne
2008 – 2009	Research Fellow [Chargée de recherche], University of Lausanne (Institute of Psychology, Dr. Roland Capel) and Swiss Federal Institute of Technology in Zurich (Institute of Integrative Biology, Dr. Mathias Wegner)
	Intern Psychologist [Psychologue stagiaire], Centre for Family Study (Prof. Nicolas Favez and Dr. France Frascarolo), University Institute of Psychotherapy, DP-CHUV, University of Lausanne

Continuing Education

06/2021	*Qualitative approach in clinical research* [Approche qualitative dans la recherche clinique], 3-days module (16th-18th June 2021), Continuing education UNIL-EPFL, Switzerland

Teaching Activities

Undergraduate teaching: Faculty of Psychology and Educational Sciences, University of Geneva

- Teacher (main responsibility) for the Master's course "Clinical Health Psychology" (13x2h; 3 ECTS)
- Teacher (main responsibility) for the Master's course "Chronic Diseases, Disabilities and Sexuality" (13x2h; 3 ECTS)
- Tutor for the seminar "Problem-based learning" (practical work for Master's students in Clinical Psychology)

Mentoring Activities

Faculty of Psychology and Educational Sciences, University of Geneva

1 PhD thesis currently co-directing

- Thierry Mathieu: *Life after cancer: Conceptualisation and analysis of the transition of people in remission through liminality concept*

4 MSc theses currently directing

- Manon Divorne: *The journey from infibulation to defibulation: A qualitative case study*
- Louise Andrée Nathalie Gourlaouen: *Psychological and relational predictors of sexual functioning in women with lichen sclerosus*
- Camille Hélène Mathilde Seiler: *Talk about sexuality in gynaecological practice: A qualitative study*
- Camille Marie Dayen: *Discussing sexuality with patients: A qualitative study on perceived barriers and facilitators in a Swiss French-speaking gynaecologists' sample*

2 MSc theses directed

- Adrien Luc Renato Anex (2022): *Addressing sexuality in clinical practice: A qualitative study on the perceived competencies and comfort of psychotherapists in French-speaking Switzerland*
- Iman Laroui Trabelsi (2022): *Barriers and facilitators in addressing sexuality in psychotherapy*

4 MSc theses co-directed

- Chloé Rolland (2022): *A study of the association between body appreciation and sexual desire by gender: the moderating role of attachment*
- Sarah Sanchez-Mazas (2020): *Couples' sexuality after breast cancer: A longitudinal qualitative study*
- Julie Duranton (2020): *Expressed Emotion as predictors of subjective caregiver burden in partners of women facing breast cancer*
- Célie Gachet (2019): *Couples facing breast cancer: the role of couple's Expressed Emotion in women's body image disturbance*

1 MSc committee attended

- Julie Fradkoff-Birr (2016): *Impact of parental emotional adjustment on psychopathological disorders among children with 22q11.2 deletion syndrome*

Faculty of Medicine, University of Geneva

2 MSc theses directed

- Eren Ozsahin (2022): *Which communication barriers do GPs encounter when addressing sexuality during consultations?*
- Constance Bernard de Lavernette (2022): *The role of training in addressing sexuality in general practice: A preliminary qualitative study in French-speaking Switzerland*

Invited Speaker

- Cairo Notari, S. (2022, June). *Cancer and sexuality*. Certificate of Applied Clinical Sexology, Catholic University of Louvain, Belgium
- Cairo Notari, S. (2022, February). *Disabilities and sexuality*. Certificate of Advanced Studies (CAS) in Clinical Sexology, University of Geneva, Switzerland
- Cairo Notari, S. & Stulz, A. (2017, December). *Somatic Diseases and Family*. Master of Advanced Studies (MAS) in Clinical Psychology, University of Geneva, Switzerland
- Cairo Notari, S. (2017, November). *Changes in intimate and sexual life during and after cancer care. Results of a study conducted by the University of Geneva in collaboration with the Breast Centre of the CHUV*. 7ème Rencontre romande « Sexualité, fertilité et cancer », Lausanne, Switzerland
- Cairo Notari, S. & Panes-Ruedin, B. (2015, March). *Couples facing breast cancer: the impact of body image disturbance and couple satisfaction on sexuality.* 17ème Congrès suisse des Soins en Oncologie, Bern, Switzerland

Public/Press Presentation

- Cairo Notari, S. (2020, October). *Couples and breast cancer* [Le couple et le cancer du sein]. National television news "Le 12/45", RTS. http://avisdexperts.ch/experts/sarah_cairo_notari

Awards

- Medical Teacher Poster Prize 2019 – Top 3 posters: Sader, J., Ritz, C., **Cairo Notari, S.**, Fassier, T., Nendaz, M., & Audétat Voirol, M.-C. *Time to investigate the path of clinical reasoning in chronic and multimorbid conditions*. AMEE Annual Conference, 24th-28th August 2019, Vienna, Austria
- Certificate of Excellence for 2nd place at the Early Career Psycho-Oncology Professionals Poster Session 2017: **Cairo Notari, S.**, Notari, L., & Favez, N. *Sexual behaviour in the immediate post-surgery period predicts sexual activity 2 years later in women with non-metastatic breast cancer*. 19th World Congress of Psycho-Oncology (IPOS), 14th-18th August 2017, Berlin, Germany
- Swiss Society of Psycho-Oncology (SGPO/SSPO) Best Poster Award 2015: **Cairo Notari, S.**, Notari, L., Favez, N., Antonini, T., Panes-Ruedin, B., Charvoz, L., & Delaloye, J.-F. *Change in women's sexual functioning in the early months of breast cancer treatment: A mixed-methods study*. 12th National Symposium of Psycho-oncology, 16th April 2015, Bern, Switzerland
- Faculty Award for academic excellence 2009, Faculty of Social and Political Sciences (SSP), University of Lausanne, Switzerland

Research Grant Support

2023 – 2024	*Life after cancer: Conceptualisation and analysis of the transition of people in remission through the liminality concept* (Co-applicant) Geneva Cancer League: CHF 9'097
2019 – 2020	*From the struggle against the disease to the return to normal life: stress and adjustment in breast cancer survivors* (Co-applicant) Swiss Cancer League: CHF 58'450
2018	*Intimate and sexual life following breast cancer: A qualitative study on the experiences of survivors' male partners* (Main applicant) Swiss National Science Foundation - Scientific Exchanges grant: CHF 10'200 University Funds Maurice Chalumeau: CHF 5'500
2015 – 2016	*Women facing breast cancer: Expressed Emotion in the couple relationship as predictor of emotional distress in the postsurgery period* (Co-applicant) Swiss Cancer League: CHF 101'250

Current Research Projects

Principal investigator

- *Addressing sexuality in clinical practice: A qualitative study on the experiences of general practitioners, gynaecologists, and psychotherapists in French-speaking Switzerland*
  Status: ongoing (data collection, preliminary data analyses)
  Collaborations: Interfaculty project at the UNIGE: Faculty of Psychology and Educational Sciences (Clinical Psychology) and Faculty of Medicine (University Institute of Primary Care)
- *Understanding the association between body image and sexual functioning from an interpersonal perspective: the role of attachment*
  Status: ongoing (preliminary data analyses)
- *Intimate and sexual life following breast cancer: A qualitative study on the experiences of survivors' male partners*
  Status: ongoing (data analyses and scientific dissemination)
  Collaborations: UNIGE (Clinical Psychology), CHUV-UNIL (Department of Oncology) and UQAM (Department of Sexology, Canada)
  Research outcomes: 2 oral presentations (international conferences), 1 article in preparation
- *Physicians' clinical reasoning at the back of deprescribing in multimorbidity*
  Status: ongoing (data analyses)
  Collaborations: Faculty of Medicine, UNIGE: University Institute of Primary Care and Unit of Development and Research in Medical Education

Co-investigator

- *From the struggle against the disease to the return to normal life: stress and adjustment in breast cancer survivors*
  Status: ongoing (data analyses and scientific dissemination)
  Collaborations: UNIGE (Clinical Psychology) and CHUV-UNIL (Department of Oncology)
  Research outcomes: 1 article published; 1 article in preparation; 3 poster presentations (international and national conferences)

Engagement in Societies

SGPO/SSPO (Swiss Society of Psycho-Oncology)

Editorial Activities

Ad-hoc reviewer for: *European Journal of Cancer Care; Health Psychology Open; Journal of Health Psychology; Palliative & Supportive Care; Psycho-Oncology*

Grant Reviewer

National Centre of Competence in Research (NCCR) LIVES, International call projects (2020)