

# CURRICULUM VITAE

**Sarah CAIRO NOTARI, PhD**

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**Current position:** **Senior Lecturer | Research and Teaching Fellow**, Clinical Psychology, Faculty of Psychology and Educational Sciences (FPSE), University of Geneva

**Professional address:** FPSE, Uni Mail, 40 Boulevard du Pont-d'Arve, 1205 Geneva, Switzerland  
E-mail: sarah.cairo@unige.ch | Phone: + 41 22 379 92 44

**Researcher ID:** <https://orcid.org/0000-0003-2623-2881>

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## Education

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2011 – 2016 **PhD in Psychology**, FPSE, University of Geneva, Switzerland  
Cairo Notari, S. (2016). *The psychological adjustment of women and partners facing breast cancer* [L'ajustement psychologique de la femme et de son partenaire au cancer du sein]  
Supervisor: Prof. Nicolas Favez (UNIGE)  
Jury: Prof. Paolo Ghisletta (UNIGE), Prof. Friedrich Stiefel (CHUV-UNIL), Prof. Darius Razavi (ULB)

2006 – 2008 **MSc in Psychology**, SSP, University of Lausanne, Switzerland

2003 – 2006 **BSc in Psychology**, SSP, University of Lausanne, Switzerland

1999 – 2003 **High School Diploma**, Liceo Cantonale di Lugano 2, Switzerland

## Language skills

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- Italian Native language
- French High proficiency (reading, writing, speaking)
- English Advanced knowledge (reading, writing), intermediate knowledge (speaking)

## Past and present positions

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03/2023 – Present	<b>Scientific Collaborator</b> [Collaboratrice scientifique] – 50%, Institute of Higher Education and Research in Healthcare (Prof. Antje Horsch), Faculty of Biology and Medicine, University of Lausanne
01/2022 – Present	<b>Volunteer Scientific Collaborator</b> [Collaboratrice associée bénévole], University Institute of Primary Care (Prof. Marie-Claude Audétat), Faculty of Medicine, University of Geneva
02/2019 – Present	<b>Senior Lecturer</b> [Chargée de cours] – 10%, Clinical Psychology, Faculty of Psychology and Educational Sciences, University of Geneva
02/2019 – Present	<b>Research and Teaching Fellow</b> [Maître-assistante] – 35%, Clinical Psychology (Prof. Nicolas Favez), Faculty of Psychology and Educational Sciences, University of Geneva
09/2018 – 12/2021	Research and Teaching Fellow [Maître-assistante], University Institute of Primary Care (Prof. Marie-Claude Audétat), Faculty of Medicine, University of Geneva
04/2018 – 06/2018	Visiting Researcher [Chercheuse invitée], Department of Sexology (Prof. Denise Medico), Faculty of Human Sciences, Université du Québec à Montréal, Canada
01/2017 – 02/2018	Research Associate [Adjointe scientifique], University Institute of Primary Care (Prof. Marie-Claude Audétat), Faculty of Medicine, University of Geneva
02/2016 – 01/2019	Postdoctoral Researcher [Assistante post-doctorante], Clinical Psychology (Prof. Nicolas Favez), Faculty of Psychology and Educational Sciences, University of Geneva
01/2011 – 01/2016	PhD Candidate [Assistante doctorante – Candoc], Clinical Psychology (Prof. Nicolas Favez), Faculty of Psychology and Educational Sciences, University of Geneva
2010 – 2011	Substitute Assistant [Assistante suppléante], Clinical Psychology (Prof. Nicolas Favez), Faculty of Psychology and Educational Sciences, University of Geneva  Research Fellow [Chargée de recherche], Centre for Psychotherapy Research (Dr. Joëlle Darwiche), University Institute of Psychotherapy, DP-CHUV, University of Lausanne
2009 – 2010	Intern Psychologist [Psychologue stagiaire], Centre for Psychiatric Epidemiology and Psychopathology (Prof. Martin Preisig), DP-CHUV, University of Lausanne
2008 – 2009	Research Fellow [Chargée de recherche], University of Lausanne (Institute of Psychology, Dr. Roland Capel) and Swiss Federal Institute of Technology in Zurich (Institute of Integrative Biology, Dr. Mathias Wegner)  Intern Psychologist [Psychologue stagiaire], Centre for Family Study (Prof. Nicolas Favez and Dr. France Frascarolo), University Institute of Psychotherapy, DP-CHUV, University of Lausanne

## Continuing Education

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06/2021	<i>Qualitative approach in clinical research</i> [Approche qualitative dans la recherche clinique], 3-days module (16 <sup>th</sup> -18 <sup>th</sup> June 2021), Continuing education UNIL-EPFL, Switzerland
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## Teaching Activities

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### Undergraduate teaching: Faculty of Psychology and Educational Sciences, University of Geneva

2020 – Present	Teacher (main responsibility) for the Master's course "Chronic Diseases, Disabilities and Sexuality" (13x2h; 3 ECTS)
2019 – Present	Teacher (main responsibility) for the Master's course "Clinical Health Psychology" (13x2h; 3 ECTS)
2012 – Present	Tutor for the seminar "Problem-based learning" (practical work for Master's students in Clinical Psychology)

## Mentoring Activities

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### Faculty of Psychology and Educational Sciences, University of Geneva

#### 1 PhD thesis currently co-directing

- Thierry Mathieu: *Life after cancer: Conceptualisation and analysis of the transition of people in remission through liminality concept.*

#### 4 MSc theses currently directing

- Manon Divorne: *The journey from infibulation to defibulation: A qualitative case study.*
- Louise Andrée Nathalie Gourlaouen: *Psychological and relational predictors of sexual functioning in women with lichen sclerosus.*
- Camille Hélène Mathilde Seiler: *Talk about sexuality in gynaecological practice: A qualitative study.*
- Camille Marie Dayen: *Discussing sexuality with patients: A qualitative study on perceived barriers and facilitators in a Swiss French-speaking gynaecologists' sample.*

#### 2 MSc theses directed

- Adrien Luc Renato Anex (2022): *Addressing sexuality in clinical practice: A qualitative study on the perceived competencies and comfort of psychotherapists in French-speaking Switzerland.*
- Iman Laroui Trabelsi (2022): *Barriers and facilitators in addressing sexuality in psychotherapy.*

#### 4 MSc theses co-directed

- Chloé Rolland (2022): *A study of the association between body appreciation and sexual desire by gender: the moderating role of attachment.*
- Sarah Sanchez-Mazas (2020): *Couples' sexuality after breast cancer: A longitudinal qualitative study.*
- Julie Duranton (2020): *Expressed Emotion as predictors of subjective caregiver burden in partners of women facing breast cancer.*
- Célie Gachet (2019): *Couples facing breast cancer: the role of couple's Expressed Emotion in women's body image disturbance.*

#### 1 MSc committee attended

- Julie Fradkoff-Birr (2016): *Impact of parental emotional adjustment on psychopathological disorders among children with 22q11.2 deletion syndrome.*

## Faculty of Medicine, University of Geneva

### 2 MSc theses directed

- Eren Ozsahin (2022): *Which communication barriers do GPs encounter when addressing sexuality during consultations?*
- Constance Bernard de Lavernette (2022): *The role of training in addressing sexuality in general practice: A preliminary qualitative study in French-speaking Switzerland.*

### 2 MSc committee attended

- Sotoudeh Ghasemi & Milena Eloise Solari Moran (2022): *Can a woman who underwent labiaplasty feel as genitally mutilated? A case report.*
- Ludmilla Margaux Van Delden (2022): *Testosterone and masculinities: history, gender, and hormones.*

## Certificate of Advanced Studies (CAS) in Clinical Sexology, University of Geneva

### 1 CAS thesis currently directing

- Agathe Lambert: *The sexuality of people with intellectual disabilities living in institution: how do the social representations of educational teams' members affect the way they address and respond to this need?*

## Invited Speaker

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- Cairo Notari, S. & Pesenti, M. (2023, February). Facilitation of the workshop “*Reconstructing yourself, reconstructing your life*” with cancer patients, and participation to a roundtable discussion, World Cancer Day, University Hospital of Geneva, Switzerland
- Cairo Notari, S. (2022, June). *Cancer and sexuality*. Certificate of Applied Clinical Sexology, Catholic University of Louvain, Belgium
- Cairo Notari, S. (2022, February). *Disabilities and sexuality*. Certificate of Advanced Studies (CAS) in Clinical Sexology, University of Geneva, Switzerland
- Cairo Notari, S. & Stulz, A. (2017, December). *Somatic Diseases and Family*. Master of Advanced Studies (MAS) in Clinical Psychology, University of Geneva, Switzerland
- Cairo Notari, S. (2017, November). *Changes in intimate and sexual life during and after cancer care. Results of a study conducted by the University of Geneva in collaboration with the Breast Centre of the CHUV*. 7<sup>ème</sup> Rencontre romande « Sexualité, fertilité et cancer », Lausanne, Switzerland
- Cairo Notari, S. & Panes-Ruedin, B. (2015, March). *Couples facing breast cancer: the impact of body image disturbance and couple satisfaction on sexuality*. 17<sup>ème</sup> Congrès suisse des Soins en Oncologie, Bern, Switzerland

## Public/Press Presentation

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- Cairo Notari, S. (2020, October). *Couples and breast cancer* [Le couple et le cancer du sein]. National television news “Le 12/45”, RTS. [http://avisdexperts.ch/experts/sarah\\_cairo\\_notari](http://avisdexperts.ch/experts/sarah_cairo_notari)

## Awards

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- Medical Teacher Poster Prize 2019 – Top 3 posters: Sader, J., Ritz, C., **Cairo Notari, S.**, Fassier, T., Nendaz, M., & Audétat Voirol, M.-C. *Time to investigate the path of clinical reasoning in chronic and multimorbid conditions*. AMEE Annual Conference, 24<sup>th</sup>-28<sup>th</sup> August 2019, Vienna, Austria
- Certificate of Excellence for 2<sup>nd</sup> place at the Early Career Psycho-Oncology Professionals Poster Session 2017: **Cairo Notari, S.**, Notari, L., & Favez, N. *Sexual behaviour in the immediate post-surgery period predicts sexual activity 2 years later in women with non-metastatic breast cancer*. 19th World Congress of Psycho-Oncology (IPOS), 14<sup>th</sup>-18<sup>th</sup> August 2017, Berlin, Germany
- Swiss Society of Psycho-Oncology (SGPO/SSPO) Best Poster Award 2015: **Cairo Notari, S.**, Notari, L., Favez, N., Antonini, T., Panes-Ruedin, B., Charvoz, L., & Delaloye, J.-F. *Change in women's sexual functioning in the early months of breast cancer treatment: A mixed-methods study*. 12th National Symposium of Psycho-oncology, 16<sup>th</sup> April 2015, Bern, Switzerland
- Faculty Award for academic excellence 2009, Faculty of Social and Political Sciences (SSP), University of Lausanne, Switzerland

## Research Grant Support

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2023 – 2024	<i>Life after cancer: Conceptualisation and analysis of the transition of people in remission through the liminality concept</i> (Co-applicant) Geneva Cancer League: CHF 9'097
2019 – 2020	<i>From the struggle against the disease to the return to normal life: stress and adjustment in breast cancer survivors</i> (Co-applicant) Swiss Cancer League: CHF 58'450
2018	<i>Intimate and sexual life following breast cancer: A qualitative study on the experiences of survivors' male partners</i> (Main applicant) Swiss National Science Foundation - Scientific Exchanges grant: CHF 10'200 University Funds Maurice Chalmieu: CHF 5'500
2015 – 2016	<i>Women facing breast cancer: Expressed Emotion in the couple relationship as predictor of emotional distress in the postsurgery period</i> (Co-applicant) Swiss Cancer League: CHF 101'250

## Current Research Projects

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### Principal investigator

- *Addressing sexuality in clinical practice: A qualitative study on the experiences of general practitioners, gynaecologists, and psychotherapists in French-speaking Switzerland*  
Status: ongoing (data collection, preliminary data analyses)  
Collaborations: Interfaculty project at the UNIGE: Faculty of Psychology and Educational Sciences (Clinical Psychology) and Faculty of Medicine (University Institute of Primary Care)
- *Understanding the association between body image and sexual functioning from an interpersonal perspective: the role of attachment*  
Status: ongoing (preliminary data analyses)
- *Intimate and sexual life following breast cancer: A qualitative study on the experiences of survivors' male partners*

Status: ongoing (data analyses and scientific dissemination)

Collaborations: UNIGE (Clinical Psychology), CHUV-UNIL (Department of Oncology) and UQAM (Department of Sexology, Canada)

Research outcomes: 2 oral presentations (international conferences), 1 article in preparation

- *Physicians' clinical reasoning at the back of deprescribing in multimorbidity*

Status: ongoing (data analyses)

Collaborations: Faculty of Medicine, UNIGE: University Institute of Primary Care and Unit of Development and Research in Medical Education

Co-investigator

- *From the struggle against the disease to the return to normal life: stress and adjustment in breast cancer survivors*

Status: ongoing (data analyses and scientific dissemination)

Collaborations: UNIGE (Clinical Psychology) and CHUV-UNIL (Department of Oncology)

Research outcomes: 1 article published; 1 article in preparation; 3 poster presentations (international and national conferences)

## **Engagement in Societies**

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SGPO/SSPO (Swiss Society of Psycho-Oncology)

## **Editorial Activities**

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Ad-hoc reviewer for: *European Journal of Cancer Care; Health Psychology Open; Journal of Health Psychology; Palliative & Supportive Care; Psycho-Oncology*

## **Grant Reviewer**

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National Centre of Competence in Research (NCCR) LIVES, International call projects (2020)