STUDENT SERVICES’ SESSION
Programme

1. Introduction by Daniela Sauge, Head of Mobility Team
2. Egalité – Equality
3. Organisations internationales – International Organizations and NGOS
4. Sports
5. Culture
6. Maison des Langues
7. Pôle Santé Social – Health and Social Services
8. Bibliothèque – Library
9. STEPS – Security
10. IT
Bienvenue à toutes et tous !

Bienvenue à la diversité !

Bienvenue à l’UNIGE !
Our goals

Raising awareness
Reinforcing programmes & equality measures
Anchoring actions, initiatives and policies
- A campaign launched in November 2017
- A guidebook «Don’t turn a blind eye»
- A confidential e-mail address

- You are being harassed
- You are a team manager
- You are a witness

confiance@unige.ch
• An interregional communications campaign to promote 100 women and their exceptional careers.

• Four regions, five institutions
Summer school | Prejudice, discrimination, and the diversity challenge
Follow us!

@unigeegalite

@egaliteunige

@egaliteunige

www.unige.ch/egalite

All courses about gender equality in the faculties on our website: www.unige.ch/egalite/
RELATIONS WITH INTERNATIONAL ORGANIZATIONS AND NGOS
75th anniversary of the UN

Activities in Geneva: 20th-24th April. More info will follow
UNOG-UNIGE Conversations with Academia

Joint activity with the United Nations Office at Geneva
Networking opportunity for students
UNOG-UNIGE Conversations with Academia

Next events at the United Nations Library events room

• March 19th 2020 from 12:30 to 14:00 - workshop on plastic

• May 14th 2020, 12:30-14:00, UN Library: Swiss Data Cube for environmental monitoring (Dr. Grégory Giuliani)

An invitation will be sent in due time. Limited places available. Registration required.
International Change-makers: how I got here
University of Geneva
UNI MAIL R060
Thursday 5th March 2020 | 17:30 – 19:00

Networking event with 3 high level professionals from International Organizations and NGOs

Speakers will share their career path; how they have built a meaningful career, how they have maximised their competence, how they have overcome obstacles and transformed challenges into opportunities.

Registration is now closed, the event is fully booked, but more events are to come.
[OFFICIAL UNIGE] International Change Makers: how I got here -
Thursday 5th March@17:30 – UNI MAIL R080

Chères étudiantes, chers étudiants,

Learn about the career path of high-level international civil servants and
NGO professionals; how they have built a meaningful career, how they
have maximised their competence, how they have overcome obstacles and
transformed challenges into opportunities.

Limited places available. Please, register here:

AGENDA
... Afficher la suite
International Organizations and NGOs by theme

Labour, Economic Affairs, Trade, Science and Telecommunications
Environment and sustainable development
Health
Humanitarian Law and Action, Human Rights, Migration
Peace, Security and Disarmament

http://www.geneve-int.ch/
Sharing knowledge and inspiring change on global challenges.

https://www.gapeli.org/
sports.unige.ch
UNIVERSITY SPORTS

4 rue de Candolle, 4th floor
Opening hours 10h-13h and 14h-16h
Sports.unige.ch
sports@unige.ch
- More than 60 different sports throughout the semester (free or with subscription)
- A winter program (ski)
- Camps (skiing + climbing)
- Competition and championships
Other sports with membership card

• Tennis Club *(hourly rental or club)* : 4 outdoor courts and 2 indoors courts (winter only)

• University Fitness gym

• Beach-volley *(spring and summer only)*: 2 courts

• Squash *(hourly rental or club)* : 3 indoor courts
Our activities are spread around Geneva, in various school gym facilities. All details and routes are on our website

Sports.unige.ch
The CASAPS offers various tests and personal fitness programs in the field of health (weight management, fitness assessment, advice...) as well as performance (endurance, personal training program).
Whether you are sedentary, sporty or recovering from injury, CASAPS helps you improve your performance, your fitness.
Details on our website

Sports.unige.ch
UNIVERSITY SPORTS

4 rue de Candolle, 4th floor
Opening hours 10h-13h and 14h-16h

Sports.unige.ch

sports@unige.ch
Encourage artistic practice at the University

- Courses and activities catalog
dance, music, theater, image, writing, nature

- Support program for cultural projects
for students and associations

- « Talents pluriels » program
arrangement of studies and support for professional projects
Facilitate access to culture

- Ciné-club universitaire
  movies to see or program

- Exhibitions, shows, concerts ... produced by your peers
  concerts of the University Choir and Orchestra

- Tickets offered by our cultural partners
  in cinemas, concert halls, theaters
MAISON DES LANGUES
Maison des Langues
Université de Genève

Support courses in several languages:

- Français
- English
- Deutsch
- Español
- Русский
- 中文

mdl.unige.ch
Maison des Langues
Université de Genève

Support French courses:

- courses are free of charge for all mobility students
- for all levels
- 2 or 4 hours a week
- 3 to 6 ECTS credits

Information session: 17th of February at 17:00, room B106 (Bastions)
Maison des Langues
Université de Genève

Summer French courses:

3, 6 or 9 weeks intensive French courses from 22 of June to 21 of August 2020

Special price for university members

Information and registration: fle.unige.ch/coursete
Maison des Langues
Université de Genève

Support English courses:

- support courses (B1/B2/C1 levels)
- IELTS intensive preparation
- pronunciation and conversation
- workshops: communicating, applying for a job, academic writing

start date: 2nd of Mars 2020

mdl.unige.ch
Maison des Langues
Université de Genève

Tandem linguistique

University platform for language exchange

Free online registration

More than 70 languages

mdl.unige.ch
MOBILITY IN

PÔLE SANTÉ SOCIAL

HEALTH
COUNSELING
SOCIAL
FINANCE
Health Guidance
sante@unige.ch

(subject to medical confidentiality)

Are you worried about your physical health?

- Our in-house UNIGE DOCTOR is here to help you - Rue de Candolle 4

- Need information concerning diet, sleep, addictions, etc.?
- Unprotected intercourse, what if? HIV test?
- Need special studies adjustments?
- Persistent pain, which medical examination?

FREE OF CHARGE
Appointment: pss.unige.ch
Health Guidance
sante@unige.ch

(UNIGE + IHEID + HES-SO)

Are you worried about your physical health?

• Medical **consultation** are available at the **HUG** - Rue Gabrielle-Perret-Gentil 4
  • Need a medical examination?
  • Need medical monitoring for an ongoing disease?
  • Need to renew a prescription?
  • Need a good health medical certificate for an internship?

**At a cost**
Reimbursed by medical insurance
Appointment: pss.unige.ch
# Students living in Switzerland

<table>
<thead>
<tr>
<th>OUTSIDE EU students with B training permit</th>
<th>EU / EFTA Students with B training permit</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Compulsory to hold a Swiss Student Health Insurance (ScoreStudies, etc.)</strong></td>
<td>**Only students ** <strong>NOT ENGAGED IN REMUNERATED ACTIVITIES IN SWITZERLAND</strong> can keep their «European Health Card»</td>
</tr>
<tr>
<td>Any international health insurance accepted by the SAM does not allow you to work in Switzerland</td>
<td>Students <strong>WITH REMUNERATED ACTIVITIES IN SWITZERLAND</strong> need to choose a Swiss Student Health Insurance (ScoreStudies, etc.)</td>
</tr>
<tr>
<td></td>
<td>The «European Health Card» does not allow you to work in Switzerland</td>
</tr>
</tbody>
</table>

**ALWAYS REPORT YOUR HEALTH INSURANCE TO THE S.A.M.**
(Service des assurances maladies)
Students living in Switzerland

All foreign students
Will need to request a B training permit
And
Report their choice of Health Insurance to the S.A.M.

Only students **NOT ENGAGED IN REMUNERATED ACTIVITIES IN SWITZERLAND**
can keep their «European Health Card» or «International Health Insurance»
as long as declared to the S.A.M.

Students **WITH REMUNERATED ACTIVITIES IN SWITZERLAND**
need to choose a Swiss Student Health Insurance (ScoreStudies, etc.)
and declare it to the S.A.M.
The «European Health Card» or any other «International Health Insurance»
does not allow you to work in Switzerland
### Students living in France (frontalier)

#### For Swiss and foreign students (EU or outside EU)

<table>
<thead>
<tr>
<th>WITH Remunerated activities in Switzerland</th>
</tr>
</thead>
<tbody>
<tr>
<td>Students need to choose between</td>
</tr>
<tr>
<td>CMU Frontalier (French system)</td>
</tr>
<tr>
<td>or</td>
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<tr>
<td>LAMal frontalier (Swiss system)</td>
</tr>
</tbody>
</table>

#### When working in Switzerland

ALWAYS
DECLARE YOUR
HEALTH INSURANCE
TO THE S.A.M.
(Service des assurances maladies Suisse)

<table>
<thead>
<tr>
<th>WITHOUT Remunerated activities in Switzerland</th>
</tr>
</thead>
<tbody>
<tr>
<td>EU / EFTA students: Medical treatment in France using the «European Health Card»</td>
</tr>
<tr>
<td>Outside EU students: See with French authorities for medical treatment in France</td>
</tr>
</tbody>
</table>
Psychological Counseling
psychologique@unige.ch
(UNIGE + IHEID + HES-SO)

Our PSYCHOLOGISTS & PSYCHOTHERAPISTS are here to help you

Are you anxious about your psychological health?
Are exams making you nervous?
Is lack of sleep getting the better of you?
Feeling stressed or depressed?
Family or couple problems, eating disorder, violence,
harassment, bereavement, etc..?

Various types of therapeutic follow-ups are at your disposal

Multilingual confidential sessions

CHF 25.- / In-house session
(possible financial support)
Contact

pss.unige.ch

Pôle Santé Social
Rue De-Candolle 4
1211 Genève 4

3rd Floor

Information Session: Every Monday 12.00-13.00
(check our website for building and room No)

Reception:
9h-12h et 14h-16h
Closed Tuesday and Friday afternoons

Tel: +41 (0)22 379 77 79
LIBRARY
UNIGE LIBRARY

NUMEROUS WORKPLACES
• Several locations in the city
• +2’700 workplaces
• Wireless network, computers, copy machines, printers and scanners

EXTENDED OPENING HOURS
• Mo-Fr: 8am – 10pm
• Sa-Su: 9am – 6pm
Use the **UNIGE Mobile App** to…

- Search documents in the Library Catalog (Explore)
- Display each space in a map
- Check the real-time attendance of workspaces
- Scan QR-codes from e-book posters to access documents on shelves
- …
Improve your information literacy skills
SECURITY
Mission of our department (STEPS)
The University of Geneva wants all staff members, students and visitors, to enjoy proper working conditions while minimizing risks to their health and safety.

Download UNIGE Mobile, the university's official app, to access online services right from your smartphone or tablet. You can also use the app to find out important information (emergency numbers and notifications) and other aspects of campus life.

unige.ch/steps

Booklet: «Safety at the University» Also available online, plus much more
CORONAVIRUS
Recommandations préventives / Preventive recommendations

Par mesure de prévention, voici les recommandations des autorités sanitaires suisses.
As a preventive measure, here are the recommendations of the Swiss health authorities.

Lavez-vous les mains
Wash your hands

Wash your hands regularly with soap and water or a hand disinfectant several times a day.

Toussiez et éternuez dans un mouchoir en papier
Cough or sneeze into a tissue

Hold a tissue in front of your mouth and nose when you cough or sneeze. After use, dispose of the tissue in a trash can and wash your hands thoroughly.

Toussiez et éternuez dans le creux du coude
Cough or sneeze into the crook of your arm

If you don’t have a tissue handy, please cough or sneeze into the crook of your arm. This is more hygienic than holding your hand in front of your mouth. If you do use your hands, wash them thoroughly with soap and water as soon as possible.

De retour de Chine / Back from China

Pas de symptômes, le masque n’est pas nécessaire en Suisse
No symptoms, a mask is not necessary in Switzerland

Les personnes ayant séjourné en Chine (étudiants ou collaborateurs suisses) qui ne présentent pas de symptômes ne sont pas recommandées à porter de masque.
No symptoms, a mask is not necessary in Switzerland

En cas de symptômes, contactez un médecin
If any symptoms, contact a doctor

Si vous développez des symptômes d’une infection respiratoire (fièvre, toux, difficulté respiratoire), entrez à distance et adressez-vous, d’abord par téléphone, à un médecin ou à une institution suisse.
If any symptoms, contact a doctor

Si vous développez des symptômes d’une infection respiratoire (fièvre, toux, difficulté respiratoire), entrez à distance et adressez-vous, d’abord par téléphone, à un médecin ou à une institution suisse.

SOLUTION HYDRO-ALCOOLIQUE
Hydroalcoholic solution

Voici les recommandations de l’Organisation mondiale de la santé relatives à la friction hydro-alcoolique pour l’hygiène des mains.
Here are the recommendations of the World Health Organisation concerning handrub with alcohol-based formulation.

Dans le pansement, le chiffre correspond à la durée de la procédure : 20-30 secondes.
Duration of the entire procedure: 20-30 sec.

Rincez le paume de la main droite avec le produit hydro-alcoolique, massez toutes les surfaces des mains et frictionnez.
Apply a point of the product in a cupped hand and cover all surfaces.

Les doigts des doigts en les tenant dans la paume, sans arrêter la friction.
Dry your hands thoroughly.

La pulpe des doigts de la main gauche, et vice versa.
Knead and forward with cupped palm of right hand to left palm and vice versa.

La pulpe de la main gauche par rotations dans le creux de la main droite, et vice versa.
Knead and forward with cupped palm of right hand to left palm and vice versa.

La manche interdigitale paume contre paume, doigts en spirale, en exerçant un mouvement d’avant en arrière de main à main avec les doigts intercalés.
Apply a point of the product in a cupped hand and cover all surfaces.

La dix de la main gauche avec un mouvement d’avant en arrière vers la paume droite, et vice versa.
Dry your hands thoroughly.

Le dos des doigts en les tenant dans la paume, sans arrêter la friction.
Dry your hands thoroughly.

La paume de la main gauche par rotations dans la paume interne de la main droite, et vice versa.
Dry your hands thoroughly.

La pulpe des doigts de la main droite par rotations contre la paume de la main gauche, et vice versa.
Dry your hands thoroughly.

La pulpe de la main droite par rotations dans le creux de la main gauche, et vice versa.
Dry your hands thoroughly.
CORONAVIRUS
Symptômes du virus et recommandations des autorités sanitaires suisses

Symptoms of the virus and recommendations of the Swiss health authorities

De retour de Chine / Back from China
Si vous avez séjourné en Chine récemment, pendant les 14 jours qui suivent votre départ de Chine, suivez les instructions suivantes.

(If you have been in China recently, during the 14 days following your departure from China, follow the instructions below)

Lavez-vous régulièrement les mains. À l’eau et au savon ou avec un désinfectant pour les mains.

Wash your hands regularly with soap and water or hand sanitizer

Note que le risque de développer la maladie est particulièrement aiguë, surtout dans la mesure du possible de fréquenter des événements, des manifestations sportives ou les transports publics.

Although the risk of developing the disease is likely to be small, avoid crowds, sporting events or public transport whenever possible.

Quels sont les symptômes que je dois surveiller? What are the symptoms I need to watch for?

Difficulté respiratoire, essoufflement, toux. Breathing difficulties, shortness of breath, coughing.

Fièvre

Mévent, nausées, diarrhée, douleurs musculaires (plus rarement)

Headache, nausea, diarrhea, muscle pain (more rarely)

Que faire en cas de symptômes? What to do in case of symptoms?

Restez à domicile

Stay at home

Appelez votre médecin traitant habituel ou une institution de soins, en signalant votre séjour en Chine.

Call your usual doctor or health care institution, reporting your stay in China.

Si vous n’avez pas de médecin traitant, appelez Genève Médecins (044 41) ou 082 746 54 54

If you do not have a treating doctor, call Genève Médecins (022 746 54 54)

ou SOS-Médecins au 082 746 43 43

or Emergency Doctors on 082 746 43 43

mentionnant votre séjour en Chine.

mentioning your recent stay in China.

unige.ch/~coronavirus
HOTLINE: 058 463 00 00
YOUR IT @ UNIGE

Patrick Roth
Key info for a good start

1. What are the most important tools?
2. How to manage my password?
3. What is the « multiservice card »?
4. How to install the basics (e.g., Wi-Fi)?
5. How do I keep my computer protected?
6. How can I obtain IT support?
1. Important tools

• UNIGE Portal
• Webmail
• Chamilo and Moodle
• Mediaserver
• UNIGE Mobile App
UNIGE Portal

- Address: [https://portail.unige.ch](https://portail.unige.ch)

- Useful for managing …
  - your multiservice card
  - your password
  - your lectures and exams (check with your faculty before)
  - your print credits
Webmail

Address: https://outlook.unige.ch or from the portal

Important information received:
• Administrative (courses, exams, etc.)
• Academic (Chamilo, Moodle, etc.)

Official communication channel with you
Academic platforms

MOODLE & CHAMILO

• Address: https://moodle.unige.ch and https://chamilo.unige.ch

• Useful for …
  ➢ accessing your learning materials
  ➢ submitting your works
  ➢ conducting online activities (groups, quiz, etc.)
Mediaserver

Address: https://mediaserver.unige.ch

Useful for accessing to …

- recorded lectures
- multimedia educational contents
UNIGE Mobile App

• Available on

  ![App Store](https://example.com/app-store-icon)
  ![Google Play](https://example.com/google-play-icon)

• Useful to …
  - configure your Wi-Fi, email and VPN
  - check your exam times
  - find your classrooms and your teacher’s offices
  - consult the opening times and attendance of the Library's sites
  - consult the menus of the cafeterias
2. Your UNIGE password

• You need it to access…
  ➢ Most of the digital services of UNIGE:
    • The portal
    • The webmail
    • Chamilo, Moodle, Mediaserver
    • Wi-Fi
    • Etc…

• What if I lose it?
  ➢ You can re-initiate it from the address https://mdp.unige.ch

Caution:
To be able to re-initiate your password, your personal data (private email and mobile phone) need to be up-to-date
3. Your Multiservice card

• You need it to …
  ➢ print, copy, scan documents
  ➢ borrow books at the library
  ➢ prove your student status (exams, sports, cafeteria, etc.)

• What if I lose my card?
  ➢ Block it (via the portal)
  ➢ Ask for a new card (helpdesk)
4. How to install the basics?

Today after the presentation:
Live tutorials with IT Experts!
For Mac and for PC/Windows

www.unige.ch/~tutos-it
5. Keep your computer protected

- By carefully managing your passwords
  - Never share your ISIs password

- By applying updates (Windows, Mac OS, software, browsers) as soon as possible

- By opening only messages whose sender you know
  - For more information: http://unige.ch/-/secu-mail
6. IT Support

- Appointed and trained students are available to help you, in the computer rooms and libraries.

- To locate them: unige.ch/-/are-i

- More than 1’000 computers are available in free access for UNIGE students.
Thank you!
**Now:**

12:00 – 12:30 IT Session
12:00 – 13:30 Stands by student services
12:00 – 13:30 Helpdesk and Lunch

**This Afternoon:**

13:00 – 14:00 Workshop : Residence permit
14:00 – 15:00 Workshop : Health Insurances