

Evaluating the myCare Start service to support patients starting a new medicine in Switzerland

We are evaluating a new pharmaceutical service called myCare Start.

We invite you to take part as a patient receiving usual care!

Why take part in this evaluation?

- Contribute to research and help others:** Although you will not receive the myCare Start service, your participation as a 'control' participant helps us to evaluate the myCare Start service to ensure it remains available to others just like you in the future.
- Upon completion of all 5 online surveys**, you will receive a **voucher to Coop/Migros to the value of 15CHF** as a token of our appreciation.

What health data do we want to collect?



Online survey data



Health insurance data



Research Team at the University of Geneva

What health data do we want to collect?

- Basic socio-demographic data (age, gender, education).
- Information on taking medicines.
- Information on your quality of life.

How?

You will receive an email link to a **quick online survey**. If you prefer, you can also complete it over the phone with a member of our research team.

When?

5 times over 12 months.

How long?

No longer than 10 minutes.

What data do we want to collect?

Your health insurance data including information about your medications and their costs, healthcare services received, hospital admissions, and personal details such as age, gender, marital status, nationality, insurance contract, and postcode.

How?

Coded data (to preserve your identity) will be shared by your health insurer, following your consent. Data will be collected for the duration of the study period.

Why?

This will help us to understand if the service can provide cost savings to the Swiss healthcare system.

Where does your health data go?

After your consent, researchers will collect your health data in **coded form** to make a **comparison** with patients that will receive the myCare Start service.

Health-related data is stored securely by researchers at the University of Geneva on **encrypted, password-protected servers** located in Geneva and is only used for research purposes.

The health data collected **does not allow you to be identified**.

Data Collection Period – 12 months

Objectives of this evaluation

- We are conducting a study to check whether myCare Start is effective and economical for the healthcare system in comparison with usual care.
- This research enables this service to be accessible to all.

The myCare Start service = **two 10-minute appointments with pharmacist** within the first six weeks of a new treatment. It optimizes the initiation of a new medication by promoting patient-pharmacist-physician collaboration.



Please note that your participation is voluntary. You may withdraw from the study at any time, without giving any reason, by speaking to your pharmacist or contacting the research team.

For more detailed information about the myCare Start-I study please follow this link or the QR code:
unige.ch/mycarestart/patients/resources.

Alternatively, please contact the myCare Start Investigative team at mycarestart@unige.ch or the Principal Investigator Prof. Dr. Marie Paule Schneider Voirol, University of Geneva at marie.schneider@unige.ch



Declaration of consent

| | |
|--------------------------------|----------------------------------------------------------------------------------------------------------|
| BASEC Project ID | 2025-00715 |
| Name of research project | Evaluating the myCare Start service in Switzerland – a Hybrid Type II effectiveness-implementation study |
| Responsible research institute | University of Geneva |

By signing below, I agree to the following:

- *I have been informed of the objectives, process, benefits and risks of the myCare Start study.*
- *I have had enough time to make my decision.*
- *I am voluntarily taking part in the study and accept the contents of the information sheet.*
- *Data relating to my health will be used in coded form and for research purposes only.*
- *For the purpose of this study, I hereby release my mandatory health insurer from its legal duty of confidentiality*
- *I can withdraw my consent at any time without affecting my treatment, but the health data already collected will be analysed in coded form.*
- *I respect the obligations of the study, and the pharmacy can exclude me for health reasons.*

Coded data collected in this study can also be helpful for future research. Do you authorise the re-use of your coded data from this study for future research purposes, in compliance with current data protection laws enforced in Switzerland? Yes No

Please print clearly

Full last name

Full first name

Date of birth (dd.mm.yyyy)

Name of basic health insurer

AVS Number

Contact Phone Number

Email address (if applicable)

Date and place

Signature

Patient ID: