

Mattia Vacchiano

PhD, University of Geneva



 Google Scholar

 Research Gate

 LinkedIn

HIGHLIGHTS

- › I am the principal investigator of The Empty Office, an interdisciplinary project on the effects of telework on people's lives, funded by the Swiss Network for International Studies.
- › I am playing an instrumental role in the development of a new field of study at the intersection of social-network and life-course research, called Networked Lives.
- › For my research on young people, I was nominated for the SAGE Prize for Innovation and Excellence of the British Sociological Association.
- › My work has been published in Advances in Life Course Research, Social Indicators Research, Computers in Human Behaviour, European Sociological Review, PLoS ONE, Community, Work & Family, and other peer-reviewed international journals.

MAIN APPOINTMENTS

2021 to present	Senior Lecturer (maître-assistant) University of Geneva (Switzerland)
2018 · 2021	Senior SNF researcher University of Lausanne (Switzerland)
2017 · 2018	Post-doctoral researcher Universitat Autònoma de Barcelona (Spain)
2012 · 2017	Pre-doctoral researcher Universitat Autònoma de Barcelona (Spain)

EDUCATION

2012 · 2017	PhD in Sociology , cum laude Universitat Autònoma de Barcelona (Spain), Extraordinary PhD Thesis Award (Uab, 2019)
2009 · 2011	MA in Sociology and Social Research , full marks Università di Bologna (Italy)
2004 · 2008	BA in Sociology , cum laude Università del Salento (Italy)

SELECTED
PUBLICATIONS

In progress

Vacchiano, M.

Human after all. A guide to social capital.
Book under contract for Palgrave Macmillan

Vacchiano, M. Cullati, S & Cianferoni N.

Understanding the impact of remote working
Special issue on *Social Indicators Research*

Bracho Montes de Oca, E. & Vacchiano, M.

A new typology of the work week using sequence analysis
In progress

Padrosa, E. Cullati, S. Vacchiano, M.

An analysis of precariousness, remote work and health.
In progress

2026

Vacchiano, M. Fernandez, G. Widmer E.

A personal network analysis of remote workers
R&R in *Social Networks*

Vacchiano, M. Fernandez, G. Fernandez.

Five ways remote work, social support and well-being are intertwined:
a systematic review
R&R in *BMC Public Health*

Bulti, A., & Vacchiano, M.

Working from home and wellbeing: the mediating role of social
interactions. R&R in *Community, Work & Family*

Valente, R & Vacchiano, M. (forthcoming 2026)

The long-term effect of childhood residential mobility on social capital.
European Sociological Review

Spini, D, Li, Y, **Vacchiano, M** & Valente, R (forthcoming 2026). Geosocial
activity spaces and life course transitions, in Settersten R., Stauber,
B. & Walther, A. (eds) *Handbook of Life Course Transitions*.

2025

Vacchiano, M., De Bel, V. & E. Widmer (2025).

Being Your Own Boss: Network Determinants of Young People's
Orientations towards Self-Employment. *Social Indicators Research*,
<https://doi.org/10.1007/s11205-024-03443-3>

Vacchiano, M. & Valente, R. (2025).

Going out before the COVID-19 pandemic protected psychological
health during the first lockdown: a model based on social capital
theory, *Leisure Studies*, 10.1080/02614367.2023.2280037

Vacchiano, M., Fernandez G, Fernandez-Garcia J (2025)

Mediating effects of social support between telework and wellbeing:
protocol for a systematic review. *BMJ Open*
doi: 10.1136/bmjopen-2024-08982

2024

Vacchiano, M., Hollstein, B., Settersten, R. & Spini, D. (2024)

Networked Lives: Probing the Influence of Social Networks on the
Life course. *Advances in Life Course Research*
<https://doi.org/10.1016/j.alcr.2024.100590>

Vacchiano, M., Fernandez, G, & Schmutz, R. (2024)

What's Going on With Teleworking? A Scoping review on Its Effects
on Wellbeing. *PLoS ONE*,
<https://doi.org/10.1371/journal.pone.0305567>

Vacchiano, M., Fernandez G, Widmer E, Arntz, M, Azzi, M, Bulit, A, Cianferoni, N, Cullati, S, Junte S, Massoudi, K, Molina Romo, O, Ramirez A, Steinmetz, S. (2024). The Empty Office: protocol for sequential mixed-method study on the impact of telework activities on social relations and well-being *BMJ Open* doi: 10.1136/bmjopen-2024-089232.

2023 **Vacchiano, M.**, Politi, E., & Lüders, A. (2023). The COVID-19 Pandemic as an existential threat: evidence on young people's psychological vulnerability using a Multifaceted Threat Scale. *PLoS ONE*, <https://doi.org/10.1371/journal.pone.0292894>

Spini, D & **Vacchiano, M.** (2023). Synthesis: Vulnerability in Context. In Spini, D. & Widmer, E. (Eds.). *Withstanding Vulnerability throughout Adult Life. Dynamics of Stessors, Resources and Reserves*. Palgrave Macmillan.

2022 **Vacchiano, M.** (2022). How the First COVID-19 Lockdown Worsened Younger Generations' Mental Health: Insights from Network Theory. *Sociological Research Online* <https://doi.org/10.1177/13607804221084723>

Vacchiano, M., Lazega, E., & Spini, D. (2022). Multilevel Networks and Status Attainment. *Advances in Life Course Research*, <https://doi.org/10.1016/j.alcr.2022.100479>

Martì, J, **Vacchiano, M.** & Molina, O. (2022). Concepts and Methodologies in SNA: Implications for Employment Relations Research. In Brandl, B., Larsson, B., Lehr, A., & Molina, O. (Eds.). *Employment Relations as Networks: Methods and Theory* (1st ed.). Routledge. <https://doi.org/10.4324/9781003125730>

2021 **Vacchiano, M.** & Valente, R. (2021) Did the Screens Win? An Autoregressive Model Linking Leisure, Relatedness and Mental Health. *Computers in Human Behavior* <https://doi.org/10.1016/j.chb.2021.106755>

Vacchiano, M., & Spini, D (2021). Networked Lives. *Journal for the Theory of Social Behavior* 1–17. doi.org/10.1111/jtsb.12265

Vacchiano, M. (2021). Nine Mechanisms of Job-Searching and Job-Findings Through Contacts Among Young Adults, *Sociological Research Online*, <https://doi.org/10.1177%2F13607804211009525>

2020 **Vacchiano, M.**, & Bolano, D. (2020) Online and Offline Leisure, Relatedness and Psychological Distress: A Study of Young People in Switzerland. *Leisure Studies*, doi.org/10.1080/02614367.2020.1862282

Valente, R., & **Vacchiano, M.** (2020). Determinants of Fear of Crime in Argentina and Brazil: A Cross-national Comparison of Non-Criminal Factors Affecting People's Unsafety. *Social Indicators Research*, doi.org/10.1007/s11205-020-02545-y

Vacchiano, M., & Spini, D. (2020). Networked Lives. LIVES Working Paper, doi:10.12682/LIVES.2296-1658.2020.84

Verd, JM, Barranco, O., González Heras, A., Martí Olivé, J., Muntanyola-Saura, D., Rodríguez, J. & **Vacchiano, M.**, Yepes-Cayuela, L. (2020). 'La acumulación y uso de capital social en los jóvenes con trayectorias laborales de inestabilidad'. Available at: <https://ddd.uab.cat/record/235459?ln=ca>

2019 **Vacchiano, M.**, Yepes-Cayuela, L., & Martí, J. (2019). The Family as (One- or Two-Step) Social Capital: Mechanisms of Support During Labor Market Transitions, *Community, Work & Family*, doi: 10.1080/13668803.2019.1687425

 Muntanyola-Saura, D., Barranco, O., & **Vacchiano, M.** (2019). Inequality Beyond Networking: Personal Networks and Mobilization of Contacts by Young Job Seekers in Barcelona. *Revista Española de Sociología*, 28 (2), 207-226.

2018 **Vacchiano, M.**, Martí, J., Yepes, L., & Verd, J.M. (2018). Personal Networks in Job Insertion Among Young Adults in Times of Crisis: An Analysis in Barcelona. *Revista Española de Investigaciones Sociológicas*, 161, 121-140..

Vacchiano, M., & Merino, J. (2018). Introducción a la Lógica Multinivel: un Análisis Longitudinal con SPSS y R. Incasi Working Paper series, N.

2017 **Vacchiano, M.**, & Mejia Reyes, C. (2017). Reflexiones Sobre los Juegos de Azar en la Sociedad Contemporanea: hacia una Biografía del Riesgo. *Athenea Digital*, 17(2), 79-94. <https://doi.org/10.5565/rev/athenea.1794>

 Verd, J.M., Yepes, L., & **Vacchiano, M.** (2017). Trayectorias Laborales y Capital social en la Población Joven : Elementos Para Analizar la Precariedad Laboral Juvenil Más Allá de los Grandes Focos. *Anuario IET de Trabajo y Relaciones Laborales*, Vol. 3, 144-158.

GRANTS, FUNDINGS AND AWARDS	2025	Seeds Money – Geneva School of Social Science grant to develop an ERC Starting grant	9.524 Fr.
	2024	Shortlisted SNSF Starting Grant Better from home: how teleworking is changing lives	
	2023	SAGE Prize for Innovation and Excellence – Nominee British Sociological Association	
		Project funding (PI) – SNIS The Empty Office: an International Study of Teleworking	240.000 Fr.
		Mandate – Federal Office of Public Health FOPH The Empty Office: an International Study of Teleworking	55.000 Fr.
		Habilitation as Associate Professor for AQU Spain Information about the evaluation criteria is shown here.	
		Habilitation as Assistant Professor for AQU Spain. Information about the evaluation criteria is shown here.	
		Mandate – State Secretariat for Economic Affairs (SECO) The Empty Office: an International Study of Teleworking	10.000 Fr.
		Seeds Money – Geneva School of Social Science grant to develop the Empty office project	10.324 Fr.

2022	Prix LABEL pour la qualité de la vie (Dalle Molle Foundation) grant to develop the Metasanté project	10.000 Fr.
2020	Seeds of LIVES - Swiss Centre of Expertise in Life Course Research grant to develop the Metasanté project	30.000 Fr.
	Extraordinary PhD Thesis Award (Autonomous University of Barcelona) for the best thesis of the Department of Sociology in the 2015-2017 biennium	300 Fr.
2019	ASSH (Swiss Academy of Humanities and Social Sciences) grant for attending the ASA-American Sociological Association meeting 2019 – New York, USA	1.000 Fr.
	University of Lausanne grant for developing a literature review on leisure and mental health via the platform Covidence.	5.500 Fr.
2018	FI-AGAUR (Generalitat de Catalunya) grant for attending the course “Introduction to Data Science and Big Data Analytics” at the London School of Economics and Political Science	3.000 Fr
	FI-AGAUR Full Ph.D. Scholarship (Generalitat de Catalunya) funding a doctoral thesis at the Aut. University of Barcelona.	45.000 Fr.

VISITING AND RESEARCH TRIPS	January · July 2016	University of Buenos Aires (Argentina) financed by European Commission in the context of the INCASI project, Horizon 2020, Ref: 691004.
	January · July 2006	University of Salamanca (Spain) financed by European Commission in the context of the Erasmus project

EDITORIAL EXPERIENCE	2025 · present	Guest editor for a special issue Social Indicators research
	2025 · present	Member of the Editorial board Swiss Journal of Sociology
	2024 · present	Member of the Editorial board PLoS One
	2022 · 2024	Guest Editor for a Special Issue <i>Advances in Life Course Research</i>

TEACHING	2025 · 2026	Spring	Analyses des réseaux sociaux [Social Network Analysis] M.A. Level (30 hours), University of Geneva
		Fall	Comment faire mon mémoire de maîtrise [How to make my Master's thesis] M.A. Level (30 hours), University of Geneva
	2024 · 2025	Spring	The Empty Office: an international study of teleworking M.A. Level (30 hours), University of Geneva
			Analyses des réseaux sociaux [Social Network Analysis] M.A. Level (30 hours), University of Geneva

		Fall	Réseaux et capital sociale dans le monde de la jeunesse [Networks and Social Capital Among Youth] B.A. Level (30 hours), University of Geneva
			Comment faire mon mémoire de maîtrise [How to make my Master's thesis] M.A. Level (30 hours), University of Geneva
2023 · 2024	Spring		Analyses des réseaux sociaux [Social Network Analysis] M.A. Level (30 hours), University of Geneva
		Fall	Réseaux et capital sociale dans le monde de la jeunesse [Networks and Social Capital Among Youth] B.A. Level (30 hours), University of Geneva
			Lecturer in the course “Analyse de données d'enquête” [Analysis of survey data] M.A. Level (4 hours), University of Geneva
2022 · 2023	Fall		Analyses des réseaux sociaux , [Social Network Analysis] M.A. Level (30 hours), University of Geneva
	Spring		Networked Lives with Dario Spini and Eric Widmer, VIU/LIVES Winter School, 7-11st March 2022, Venice International University
		Fall	Réseaux et capital sociale dans le monde de la jeunesse , [Networks and Social Capital Among Youth] B.A. Level (30 hours), University of Geneva
			Lecturer in “Convention de divorce et inégalités de genre” M.A. Level (30 hours), University of Geneva.
2021 · 2022	Spring		Analyses des réseaux sociaux , [Social Network Analysis] M.A. Level (30 hours), University of Geneva
			Lecturer in “Convention de divorce et inégalités de genre” M.A. Level (30 hours), University of Geneva
		Fall	Lecturer on quantitative methodologies in the workshop “Parchemins” , M.A. Level (30 hours), University of Geneva
			Réseaux et capital sociale dans le monde de la jeunesse [Networks and Social Capital Among Youth] B.A. Level (30 hours), University of Geneva
2020 · 2021	Spring		Tutorial associated with the lecture Sociologie de la famille , [Sociology of Family] B.A. Level (30 hours), University of Geneva
Before 2020	Spring 2016		Métodos cuantitativos [Quantitative Methods] B.A Level (30 hours), Autonomous University of Barcelona
			Multilevel Analysis in Spss and R with J. Merino, 5st May 2016, Autonomous University of Barcelona
		Fall 2015	Tutorial associated with the lecture Métodos cualitativos [Qualitative Methods], B.A. Level (30 hours), Autonomous University of Barcelona
		Spring 2015	Métodos cuantitativos [Quantitative Methods], B.A Level (30 hours), Autonomous University of Barcelona

2014 · 2015 **Fundamentos de Sociología** [Theoretical Foundations of Sociology], B.A. Level (40 hours), Autonomous University of Barcelona

MEMBERSHIP

Since 2021 **DEPSO** Department of Sociology | University of Geneva
 Since 2021 **IRS** Institut de Recherches Sociologiques | University of Geneva
 Since 2018 **LIVES** Swiss National Centre of Competence in Research LIVES
 Since 2016 **INCASI** Latin America and Europe Research Network INCASI
 Since 2014 **QUIT** Centre d'Estudis Sociològics Vida Quotidiana i Treball Un. Aut. Barc.

RESEARCH EXPERIENCE

01.2024 · present **The Empty Office | Swiss Network for International Studies Call 2023**
 "The Empty Office: an international study of teleworking",
 Host institution: University of Geneva.
 Partners: University of Lausanne, Autonomous University of Barcelona,
 University of Amsterdam, Centre of Economic Research ZEW, SECO,
 International Labour Organization (ILO).

Principal Investigator

Responsibilities: elaboration of project's theoretical framework, budget and research design; coordination of partnership; analysis of quantitative data; academic articles; attending academic conferences and meetings

01.2025 · present **Out of control. Analyzing precarity and its effect on the psychological wellbeing of youth under an intersectional perspective**
 Host institution: Autonomous University of Barcelona

Research Team Member

Responsibilities: elaboration of project's theoretical framework, academic articles; attending academic conferences and meetings

05.2018 · 12.2022 **Meso-Level and Policy Mechanisms of Vulnerability | NCCR Lives**
 Developing a multidimensional, dynamic and contextualized model of vulnerability". Lead Researcher: Prof. Dario Spini

Research Team Member

Responsibilities: analysis of qualitative and quantitative materials; academic articles; attending academic conferences and meetings

02.2018 · 05.2018 **Netwir IDG Employment (UE)**
 Networked coordination of industrial relations
 Lead Researcher: Prof. Oscar Molina, Universitat Autònoma de Barcelona

Research Team Member

Responsibilities: elaboration of project's theoretical framework and research design

10.2017 - 04.2018	Bridges I Programme Recercaixa (Spain), Ref: pz613501 The gender-pay-gap as multidimensional phenomenon. Analysis on institutional, organizational and cultural barriers". Lead Researcher: Prof. Pilar Carrasquer, Universitat Autònoma de Barcelona
	Research Team Member
	<i>Responsibilities:</i> dissemination, attending academic conferences
10.2017 - 04.2018	Capsines I Ministry of Economy (Spain), Ref: CSO2016- 77905 The accumulation and use of social capital among young people with unstable labor trajectories". Lead Researcher: Prof. Joan Miquel Verd, Universitat Autònoma de Barcelona
	Research Team Member
	<i>Responsibilities:</i> elaboration of project's theoretical framework and research design; design, coordination and conduction of fieldwork.
03.2014 - 03.2017	Redemas I Ministry of Economy (Spain), Ref: CSO2012- 77905 Social networks as a mechanism of job insertion and social support among young people" Lead Researcher: Prof. Joan Miquel Verd and Carlos Lozares Colina, Universitat Autònoma de Barcelona
	Research Team Member
	<i>Responsibilities:</i> fieldwork; analysis of qualitative and quantitative materials; academic articles; attending academic conferences and meetings.

CONFERENCE PRESENTATIONS	2025	Vacchiano, M. et al. How Telework Modalities Reshape Social Life and Social Interactions. Oral presentation, The International Sunbelt Social Network Conference, Paris (France), 23-29 June
		Vacchiano, M. & Valente, R. The Long-Term Effects of Childhood Residential Mobility on Later Social Capital: The Paradox of Frequent Moves and Agency. Oral presentation, SLLS Annual Conference, 8-10 September, Fribourg (Switzerland)
	2024	Valente, R & Vacchiano, M. Residential instability and social capital: A longitudinal model from childhood to adult life. Oral presentation, American Sociological Association (ASA) Annual meeting, Montreal, 9-13 th August
		Vacchiano, M. The Empty Office: a Network Study of Teleworking. Oral Presentation, (ISNA) Sunbelt XXXIX, The International Sunbelt Social Network Conference, Edinburgh (Scotland), 24-29 th June
		Vacchiano, M. What's Going on with Teleworking? A Scoping review on Its Effects on Wellbeing. Oral presentation, Swiss Sociological Association Conference, Basel, 8-9 th September
	2023	Vacchiano, M. , & Widmer, E., De Bel, V. Being Your Own Boss: Network Determinants of Young People's Orientations towards Self-Employment" Oral presentation, NCCR LIVES International Conference, Lausanne, 8-9 th November
		Vacchiano, M. Online Leisure -not Offline- Protected Psychological Health at the Onset of the COVID-19 Pandemic. Oral presentation, International

Conference of Panel Data Users, Lausanne, 14th June

2022	Vacchiano, M. Multilevel Networks and Status Attainment. Oral presentation, NCCR LIVES Final Conference, Geneva, 17 th -18 th November
2021	Vacchiano, M. , & Widmer, E., De Bel, V. Being Your Own Boss: Network Determinants of Young People's Orientations towards Self-Employment" Oral presentation, EUSN 6 th European Conference on Social Networks, London, 10 September
2021	Vacchiano, M. , & Valente, R. "Did the Screens Win? An Autoregressive Model Linking Leisure, Social Capital and Mental Health" 116 th American Sociological Association (ASA) Annual Meeting, 6–10 August 2021
2021	Vacchiano, M. "Human After All: On the Need for Face-to-Face Interactions alongside Our Digital Lives". EUSN 5 th European Conference on Social Networks, Naples, 7 th August – 10 th September
2020	Vacchiano, M. , & Bolano, D. "Leisure, Social Capital and Mental Health: A Study Among Young People in Switzerland" 115 th American Sociological Association (ASA) Annual Meeting, San Francisco (US), 8–12 August 2020
2019	Vacchiano, M. , & Spini, D. "What Does Meso-Level Mean?" (Network) Theory and Applications for Life Course Research" 114 th American Sociological Association (ASA) Annual Meeting, New York, August 2019
2019	Vacchiano, M. , & Spini, D. "The Meaning of Meso Level: A Network-based Perspective for Life Course Research". European Consortium of Sociological Research (ECSR), Lausanne, 12–14 September
2019	Vacchiano, M. , & Bolano, D. "Chatting Alone? The Relation Between Young People's Leisure and Social Exclusion Outcomes". European Consortium for Sociological Research (ECSR) Lausanne, 12–14 September 2019
2018	Vacchiano, M. , & Valente, R. "Why do We Have Fear? A Multilevel Analysis of the Feelings of Unsafety in Latin America". XIII Congreso Español de Sociología, Valencia, 3– 6 July
2018	Vacchiano, M. , Bolíbar, M. & Verd, J.M. "Networks and job outcomes: do better contacts increase labor stability?" Oral presentation, (ISNA) Sunbelt XXXVIII, The International Sunbelt Social Network Conference, Utrecht (Netherlands), 1 st July
2018	Vacchiano, M. , & Molina, O. "The process of coordination of industrial relations: a network-based analysis". Oral presentation, (ISNA) Sunbelt XXXVIII, The International Sunbelt Social Network Conference, Utrecht (Netherlands), 1 st July
2017	Vacchiano, M. , & Verd, J. M. "The importance of contacts during the labor transitions: A longitudinal study among young adults" Oral presentation, SLLS Conference 2018, 'Qualitative and Quantitative Longitudinal Research on Social Change and Its impact, Milan (Italy), 6 th July-11 st July
2017	Vacchiano, M. , & Martí J. "Networks and status attainment: evidence from Spain". Oral presentation, EUSN Conference on Social Networks, Mainz
2016	Vacchiano, M. , Martí, J. & Yepes, L. "Family social capital during the labour market transitions. Inequalities and mechanisms". Oral presentation, ESA European Sociological Association, Athens, 29 th August – 1 st September
2016	Vacchiano, M. "Estrategias precarias: Herramientas para afrontar la incertidumbre juvenil". Oral presentation, VIII Congreso Asociación Latino

Americana de Estudios del Trabajo, Buenos Aires, 2-5 August

Yepes-Cayuela, L., & **Vacchiano, M.** "Labour trajectories of young people and social networks: longitudinal approach". Oral presentation, 37th Annual Conference of the International Working Party on Labour Market Segmentation, Barcelona, 6th– 8th July

Yepes-Cayuela L., **Vacchiano, M.**, & Martí, J. "Redes personales y búsqueda de empleo en población joven". Oral presentation, XII Congreso Español de Sociología, Gijon, 30th June

Vacchiano, M. "Incertidumbre y empleo: Estrategias, recursos y desigualdades de las redes sociales" Oral presentation, IV Encuentro Internacional. Teoría y práctica política en América Latina : Nuevas y viejas desigualdades, Universidad de Mar de la Plata (Argentina), 9th -11th March

2015

Vacchiano, M. "Youth and job search process: understanding the role played by Social capital in Catalonia". Oral presentation, ESA 12th Conference of the European Sociological Association, Prague, 25th-28th August

Vacchiano, M. "The Good Reasons of Social Networks. Reasonableness in using contacts as job search method". Oral presentation, (ISNA) Sunbelt XXXV, The International Sunbelt Social Network Conference, Brighton, 23rd – 28th June

Barranco, O., Muntanyola, D., & **Vacchiano, M.** "Inequality in Job Seeking Strategies: Social Networks and Mobilization of Labour Contacts Among Spanish Young Adults". Oral presentation, (ISNA) Sunbelt XXXV, The International Sunbelt Social Network Conference -, Brighton, 23rd-28th June

2014

Muntanyola, D & **Vacchiano, M.** "The Inequality of Looking for (and Finding) a Job: Mixed methods in Social Networks of Spanish Young Adults". Oral presentation in 1st European Social Networks Conference. Barcelona, 1st-4th July

Muntanyola, D. & **Vacchiano, M.** "La desigualdad para encontrar trabajo: agencia, redes sociales y trayectorias laborales de la juventud española". Oral presentation in VII Congreso Andaluz de Sociología. Málaga, 6th– 8th November

INVITED TALKS

2025

Vacchiano M. Eight lessons on teleworking. LIVES seminar, 9 December

Vacchiano M. Solitude, conflits et télétravail. International Management Bussines Schoola, Geneva, 5 Decembre

Vacchiano M. Teleworking is changing our lives and our social interactions. LIVES day, 3 June

Vacchiano, M. The Empty Office: an international Study of Teleworking. Stete Secretariat for Economic Affairs, ,19 May

2024

Vacchiano, M. What's going on with teleworking? LIVES day, 1st June

Vacchiano, M. Being Your Own Boss: Network Determinants of Young People's Orientations towards Self-Employment, University of Lausanne, 20th. November

2023

Vacchiano, M. La oficina vacía: un estudio internacional sobre el teletrabajo, University of Buenos Aires, 22th December

Vacchiano, M. Cartographier le télétravail et son impact sur la santé mentale, State Secretariat for Economic Affairs, Bern, 28th November

Vacchiano, M. The Empty Office: An International Study of Teleworking, University of Geneva, 16th June

Vacchiano, M. Telework and Wellbeing: A Scoping Review, State Secretariat for Economic Affairs, June 26

Vacchiano, M. Networked Lives, LIVES Day, University of Lausanne, June 7

2022 **Vacchiano, M.** “Being Your Own Boss: Network Determinants of Young People’s Orientations towards Self-Employment”CHX meeting., Geneva, October 11

2021 **Vacchiano, M.** (2021). “Human After All: On the Need for Face-to-Face Interactions Alongside Our Digital Lives”. DEPSO online, University of Geneva, 22nd June

2019 **Vacchiano, M.** (2019). “The Meso-Level: A Network-Based Perspective”. LIVES workshops, University of Lausanne, 4th November

2015 **Vacchiano, M.** (2015). “Mobilizing social capital along the job search process: do people follow a strategy?” QMSNR, Qualitative method[ologie] in social network research, University of Hildesheim, Hildesheim, 12th-13th March

Vacchiano, M. (2015). “Els processos de recerca laboral juvenil: l’ús del Process Tracing com a mètode d’anàlisi qualitativa”. Seminari Quit, Universitat Autònoma de Barcelona, Departament de Sociologia, Barcelona, 30th September

PROFESSIONAL SERVICE	Organization of panels, conferences, workshops	Since 2022	Organizer of the seminar series Le Déjeuner Sociologiques University of Geneva
		2026	Conference Organizer of FrogNet 2026 “ Conférence francophone interdisciplinaire d’analyse des réseaux ” 24-26 June, 2026, Geneva, Switzerland
		2025	Session Organizer at the INSNA SUNBELT “ The role of networks in education and labor markets ” 23-29 June, 2025, Paris, France
		2023	Session Organizer at the VII EUSN Conference “ Family Networks and Personal Networks over the life course ” 5 th September, 2023, Ljubljana, Slovenia
		2022	Organizer of the workshop Networked Lives , VIU/ LIVES Winter School, 7-11st March 2022, Venice International University
		2021	Member of the organizing team of the workshop “ Convention de divorce et inégalités de genre ” at the University of Geneva
		2021	Member of the organizing team of the workshop “ Parchemins ” at the University of Geneva
		2019	Organizer of the LIVES workshop “ Meso Level Dynamics in a Life Course Perspective ” 4 th November, University of Lausanne
		2018	Organizer of the LIVES Day session “ Stress and resources dynamics in social interactions and across analysis levels ”, 22 nd June, Crêt Bérard

		2018	Session Organizer at the XXXVIII Sunbelt “ Networks and the labour market ”, 1 st July, Utrecht, Netherlands.
Sponsorship of visiting scholar		2025	Eduardo Branco do Montes Oca KU Leuven Awarded FNR in 2025
			Eva Padrosa Sayeras Universitat Pompeu Fabra Awarded Lives Visiting scholar in 2025
			Riccardo Valente Universitat Autonoma de Barcelona Awarded Lives Visiting scholar in 2024
Member of dissertation committee		2025	Jury as expert in work relations <i>University of Geneva (Switzerland)</i> MA dissertation of Aitana Daimari (supervisor: Claudine Burton-Jeangros)
		2024	Jury as expert in youth and personal network <i>Autonomous University of Barcelona (Spain)</i> PhD dissertation of Alejandro Gonzalez Heras (supervisor: Joan Miquel Verd)
		2023	Jury as expert in networks and young people <i>University of Geneva (Switzerland)</i> MA dissertation of Tina Latifi (supervisor: Eric Widmer)
			Jury as expert in youth and mental health <i>University of Geneva (Switzerland)</i> BA dissertation of Rudi Alves (supervisor: Claudine Burton-Jeangros)
		2022	Jury as expert in youth and leisure <i>University of Geneva (Switzerland)</i> BA dissertation of Dougan Jordan (supervisor: Jean- Michel Bonvin)
			Jury as expert in mental health issues <i>University of Geneva (Switzerland)</i> MA dissertation of Justine Daverio (supervisor: Stéphane Cullati)
Supervision of master and bachelor theses		2025	Bulti, A (2025). Working from home and well-being: the mediating role of social interactions. Master thesis. Univ. Geneva
			Kalem, Y (2025). Parenting and remote working. Master thesis. Univ. Geneva
		2024	Torrelas, E (2024). Quand le sport devient une religion. Bachelor thesis. Univ. Geneva
		2023	Bulti, A (2023). Une analyse relationnelle du rap à Genève. Bachelor thesis. Univ. Geneva
			Bernasconi, R (2022). The Influence of Buyer-Supplier Relationships on Supply Chain Sustainability: Evidence from the Italian Agri-Food Context. Master thesis. Univ. Geneva.
			Lacalamita, M. (2022). Le capital social et les réseaux sociaux: Une étude sur le rôle des contacts personnels dans l'intégration professionnelle des jeunes. Bachelor thesis. Univ. Geneva.

Other committees	2025	Jury Member of the evaluation committee of the master course "life course research", January 21, University of Geneva
		Working Group coordinator LiveZ transitions to adulthood of Generation Z Working Group
		Discussant as expert at the NCCR LIVES Doctoriales 13 th Edition, University of Geneva, 13 February, Session 2: <i>The influence of the personal network on the perception of linguistic similarity</i>
		Jury Member of the evaluation committee of the master course "life course research", January 22, University of Geneva
		Expert reviewer for calls for funding of the <i>Agencia Estatal de Investigación, Ministry of Sciences and Innovation (Spain)</i> .
		Member of the Scientific Committee for the auto- evaluation of the Master of Sociology at the University of Geneva
		Selection Committee Member of the position of <i>Maître-assistant</i> University of Geneva
		Jury Member of the evaluation committee of the master course "life course research" University of Geneva
		Discussant as expert at the <i>NCCR LIVES Doctoriales 12th Edition</i> , 4 th February, University of Lausanne. <i>Subjective and Objective Territorial and Network Effects on Mental Health: Evidence from a Municipality in Switzerland</i>
		Board Member of the Scientific and Advice Committee of the Master in Standardization, Social Regulation and Sustainable Development
		Selection Committee Member of the position of <i>Maître-assistant</i> University of Geneva
		STAREG Master Coordinator <i>University of Geneva (Switzerland)</i>
	2020	Discussant as expert at the <i>LIVES Doctoriales 9th Edition</i> , 4 rd February, <i>University of Lausanne. Session: Ego-centric Social Networks and Social Identification</i>
	Social Networks, Advances in Life Course Research, Computers in Human Behaviour BMC Public Health, British Journal of Sociology, PLoS ONE, International Sociology, BMC Public Health, Journal of Institutional Economics, Sociological Focus, Journal of Ethnic and Migration Studies, Technological forecasting and social change, Sociological Research Online, Journal of Demographic Economics, Palgrave Macmillan, Acta Psychologica	
	Reviewer	

LANGUAGES

Italian
English
French
Spanish
Catalan

Native
Proficient
Proficient
Proficient
Intermediate

Highlights
 Editorial
 Professional

Main appointments
 Teaching
 Languages

Education
 Membership
 Press

Publications
 Research
 Training

Grants
 Conference
 Skills

Visiting
Talks
References

DISSEMINATION

2025 Forthcoming interview with Fanny Moille (RTS)
“The Empty Office: an international Study of Teleworking”.

2023 “In Argentina ha vinto la disperazione”. *Internazionale*, 6 December 2023
Interview with AES (UNIGE): <https://www.instagram.com/p/CmEEaKdAH2I/>

2022 Definition of Social Network on Wiki-glossaire LIVES
Definition of Social Capital on Wiki-glossaire LIVES
Definition of Meso Level on Wiki-glossaire LIVES

2020 «Espagne: un job grâce à papa» on Horizon. Interview with Astrid Tomczak

2019 Methodological support at El Terra Enganxos De Les Dones A La Ciutat de Barcelona’. Barcelona Activa (BCN City Council).
Pourquoi le temps de loisir est-il important pour les jeunes adultes?’
Newsletter LIVES Cohort.

2018 “La importancia de los contactos personales para buscar empleo”.
UAB divulga. 23rd May

COMPUTER SKILLS

R, SPSS, Mac, Windows, Microsoft Office and Open Office packages,
Visone, Ucinet, Network Canvas, Zotero

REFERENCES

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