

Mattia Vacchiano

PhD, University of Geneva



Google Scholar



Research Gate



LinkedIn

HIGHLIGHTS

- › I am the principal investigator of The Empty Office, an interdisciplinary project on the effects of telework on people's lives, funded by the Swiss Network for International Studies.
- › I am playing an instrumental role in the development of a new field of study at the intersection of social-network and life-course research, called Networked Lives.
- › For my research on young people, I was nominated for the SAGE Prize for Innovation and Excellence of the British Sociological Association.
- › My work has been published in Advances in Life Course Research, Social Indicators Research, Computers in Human Behaviour, European Sociological Review, PLoS ONE, Community, Work & Family, and other peer-reviewed international journals.

MAIN APPOINTMENTS

2021 to present	Senior Lecturer (maître-assistant) University of Geneva (Switzerland)
2018 · 2021	Senior SNF researcher University of Lausanne (Switzerland)
2017 · 2018	Post-doctoral researcher Universitat Autònoma de Barcelona (Spain)
2012 · 2017	Pre-doctoral researcher Universitat Autònoma de Barcelona (Spain)

EDUCATION

2012 · 2017	PhD in Sociology , cum laude Universitat Autònoma de Barcelona (Spain), Extraordinary PhD Thesis Award (Uab, 2019)
2009 · 2011	MA in Sociology and Social Research , full marks Università di Bologna (Italy)
2004 · 2008	BA in Sociology , cum laude Università del Salento (Italy)

SELECTED
PUBLICATIONS

In progress

Vacchiano, M.

Human after all. A guide to social capital.
Book under contract for Palgrave Macmillan

Vacchiano, M., Cullati, S & Cianferoni N.

Understanding the impact of remote working
Special issue on *Social Indicators Research*

Bracho Montes de Oca, E. & **Vacchiano, M.**

A new typology of the work week using sequence analysis
In progress

Padrosa, E. Cullati, S, **Vacchiano, M.**

An analysis of precariousness, remote work and health.
In progress

2026

Vacchiano, M. Fernandez, G. Widmer E.

A personal network analysis of remote workers
R&R in *Social Networks*

Vacchiano, M. Fernandez, G. Fernandez.

Five ways remote work, social support and well-being are intertwined:
a systematic review
R&R in *BMC Public Health*

Bulti, A., & **Vacchiano, M.**

Working from home and wellbeing: the mediating role of social
interactions. R&R in *Community, Work & Family*

Valente, R & **Vacchiano, M.** (forthcoming 2026)

The long-term effect of childhood residential mobility on social capital.
European Sociological Review

Spini, D, Li, Y, **Vacchiano, M** & Valente, R (forthcoming 2026). Geosocial
activity spaces and life course transitions, in Settersten R., Stauber,
B. & Walther, A. (eds) *Handbook of Life Course Transitions*.

2025

Vacchiano, M., De Bel, V. & E. Widmer (2025).

Being Your Own Boss: Network Determinants of Young People's
Orientations towards Self-Employment. *Social Indicators Research*,
<https://doi.org/10.1007/s11205-024-03443-3>

Vacchiano, M. & Valente, R. (2025).

Going out before the COVID-19 pandemic protected psychological
health during the first lockdown: a model based on social capital
theory, *Leisure Studies*, 10.1080/02614367.2023.2280037

Vacchiano, M., Fernandez G, Fernandez-Garcia J (2025)

Mediating effects of social support between telework and wellbeing:
protocol for a systematic review. *BMJ Open*
doi: 10.1136/bmjopen-2024-08982

2024

Vacchiano, M., Hollstein, B., Settersten, R. & Spini, D. (2024)

Networked Lives: Probing the Influence of Social Networks on the
Life course. *Advances in Life Course Research*
<https://doi.org/10.1016/j.alcr.2024.100590>

Vacchiano, M., Fernandez, G, & Schmutz, R. (2024)

What's Going on With Teleworking? A Scoping review on Its Effects
on Wellbeing. *PLoS ONE*,
<https://doi.org/10.1371/journal.pone.0305567>

- Vacchiano, M.**, Fernandez G, Widmer E, Arntz, M, Azzi, M, Bulit, A, Cianferoni, N, Cullati, S, Junte S, Massoudi, K, Molina Romo, O, Ramirez A, Steinmetz, S. (2024). The Empty Office: protocol for sequential mixed-method study on the impact of telework activities on social relations and well-being *BMJ Open* doi: 10.1136/bmjopen-2024-089232.
- 2023 **Vacchiano, M.**, Politi, E., & Lüders, A. (2023). The COVID-19 Pandemic as an existential threat: evidence on young people's psychological vulnerability using a Multifaceted Threat Scale. *PLoS ONE*, <https://doi.org/10.1371/journal.pone.0292894>
- Spini, D & **Vacchiano, M.** (2023). Synthesis: Vulnerability in Context. In Spini, D. & Widmer, E. (Eds.). *Withstanding Vulnerability throughout Adult Life. Dynamics of Stressors, Resources and Reserves*. Palgrave Macmillan.
- 2022 **Vacchiano, M.** (2022). How the First COVID-19 Lockdown Worsened Younger Generations' Mental Health: Insights from Network Theory. *Sociological Research Online* <https://doi.org/10.1177/13607804221084723>
- Vacchiano, M.**, Lazega, E., & Spini, D. (2022). Multilevel Networks and Status Attainment. *Advances in Life Course Research*, <https://doi.org/10.1016/j.alcr.2022.100479>
- Martì, J, **Vacchiano, M.** & Molina, O. (2022). Concepts and Methodologies in SNA: Implications for Employment Relations Research. In Brandl, B., Larsson, B., Lehr, A., & Molina, O. (Eds.). *Employment Relations as Networks: Methods and Theory* (1st ed.). Routledge. <https://doi.org/10.4324/9781003125730>
- 2021 **Vacchiano, M.** & Valente, R. (2021) Did the Screens Win? An Autoregressive Model Linking Leisure, Relatedness and Mental Health. *Computers in Human Behavior* <https://doi.org/10.1016/j.chb.2021.106755>
- Vacchiano, M.**, & Spini, D (2021). Networked Lives. *Journal for the Theory of Social Behavior* 1–17. doi.org/10.1111/jtsb.12265
- Vacchiano, M.** (2021). Nine Mechanisms of Job-Searching and Job-Findings Through Contacts Among Young Adults, *Sociological Research Online*, <https://doi.org/10.1177%2F13607804211009525>
- 2020 **Vacchiano, M.**, & Bolano, D. (2020) Online and Offline Leisure, Relatedness and Psychological Distress: A Study of Young People in Switzerland. *Leisure Studies*, doi.org/10.1080/02614367.2020.1862282
- Valente, R., & **Vacchiano, M.** (2020). Determinants of Fear of Crime in Argentina and Brazil: A Cross-national Comparison of Non-Criminal Factors Affecting People's Unsafety. *Social Indicators Research*, doi.org/10.1007/s11205-020-02545-y
- Vacchiano, M.**, & Spini, D. (2020). Networked Lives. LIVES Working Paper, doi:10.12682/LIVES.2296-1658.2020.84

Verd, JM, Barranco, O., González Heras, A., Martí Olivé, J., Muntanyola-Saura, D., Rodríguez, J. & **Vacchiano, M.**, Yepes-Cayuela, L. (2020). La acumulación y uso de capital social en los jóvenes con trayectorias laborales de inestabilidad'. Available at: <https://ddd.uab.cat/record/235459?ln=ca>

2019 **Vacchiano, M.**, Yepes-Cayuela, L., & Martí, J. (2019) The Family as (One- or Two-Step) Social Capital: Mechanisms of Support During Labor Market Transitions, *Community, Work & Family*, doi: 10.1080/13668803.2019.1687425

Muntanyola-Saura, D., Barranco, O., & **Vacchiano, M.** (2019). Inequality Beyond Networking: Personal Networks and Mobilization of Contacts by Young Job Seekers in Barcelona. *Revista Española de Sociología*, 28 (2), 207-226.

2018 **Vacchiano, M.**, Martí, J., Yepes, L., & Verd, J.M. (2018). Personal Networks in Job Insertion Among Young Adults in Times of Crisis: An Analysis in Barcelona. *Revista Española de Investigaciones Sociológicas*, 161, 121-140..

Vacchiano, M., & Merino, J. (2018). Introducción a la Lógica Multinivel: un Análisis Longitudinal con SPSS y R. Incasi Working Paper series, N.

2017 **Vacchiano, M.**, & Mejia Reyes, C. (2017). Reflexiones Sobre los Juegos de Azar en la Sociedad Contemporanea: hacia una Biografía del Riesgo. *Athenea Digital*, 17(2), 79-94. <https://doi.org/10.5565/rev/athenea.1794>

Verd, J.M., Yepes, L., & **Vacchiano, M.** (2017). Trayectorias Laborales y Capital social en la Población Joven : Elementos Para Analizar la Precariedad Laboral Juvenil Más Allá de los Grandes Focos. *Anuario IET de Trabajo y Relaciones Laborales*, Vol. 3, 144-158.

GRANTS, FUNDINGS AND AWARDS

2025	Seeds Money – Geneva School of Social Science grant to develop an ERC Starting grant	9.524 Fr.
2024	Shortlisted SNSF Starting Grant Better from home: how teleworking is changing lives	
2023	SAGE Prize for Innovation and Excellence – Nominee British Sociological Association	
	Project funding (PI) – SNIS The Empty Office: an International Study of Teleworking	240.000 Fr.
	Mandate – Federal Office of Public Health FOPH The Empty Office: an International Study of Teleworking	55.000 Fr.
	Habilitation as Associate Professor for AQU Spain Information about the evaluation criteria is shown here.	
	Habilitation as Assistant Professor for AQU Spain. Information about the evaluation criteria is shown here.	
	Mandate – State Secretariat for Economic Affairs (SECO) The Empty Office: an International Study of Teleworking	10.000 Fr.
	Seeds Money – Geneva School of Social Science grant to develop the Empty office project	10.324 Fr.

	2022	Prix LABEL pour la qualité de la vie (Dalle Molle Foundation) grant to develop the Metasanté project	10.000 Fr.		
	2020	Seeds of LIVES - Swiss Centre of Expertise in Life Course Research) grant to develop the Metasanté project	30.000 Fr.		
		Extraordinary PhD Thesis Award (Autonomous University of Barcelona) for the best thesis of the Department of Sociology in the 2015-2017 biennium	300 Fr.		
	2019	ASSH (Swiss Academy of Humanities and Social Sciences) grant for attending the ASA-American Sociological Association meeting 2019 – New York, USA	1.000 Fr.		
		University of Lausanne grant for developing a literature review on leisure and mental health via the platform Covidence.	5.500 Fr.		
	2018	FI-AGAUR (Generalitat de Catalunya) grant for attending the course “Introduction to Data Science and Big Data Analytics” at the London School of Economics and Political Science	3.000 Fr.		
		FI-AGAUR Full Ph.D. Scholarship (Generalitat de Catalunya) funding a doctoral thesis at the Aut. University of Barcelona.	45.000 Fr.		
VISITING AND RESEARCH TRIPS	January · July 2016	University of Buenos Aires (Argentina) financed by European Commission in the context of the INCASI project, Horizon 2020, Ref: 691004.			
	January · July 2006	University of Salamanca (Spain) financed by European Commission in the context of the Erasmus project			
EDITORIAL EXPERIENCE	2025 · present	Guest editor for a special issue Social Indicators research			
	2025 · present	Member of the Editorial board Swiss Journal of Sociology			
	2024 · present	Member of the Editorial board <i>PLoS One</i>			
	2022 · 2024	Guest Editor for a Special Issue <i>Advances in Life Course Research</i>			
TEACHING	2025 · 2026	Spring	Analyses des réseaux sociaux [Social Network Analysis] M.A. Level (30 hours), University of Geneva		
		Fall	Comment faire mon mémoire de maîtrise [How to make my Master’s thesis] M.A. Level (30 hours), University of Geneva		
	2024 · 2025	Spring	The Empty Office: an international study of teleworking M.A. Level (30 hours), University of Geneva		
			Analyses des réseaux sociaux [Social Network Analysis] M.A. Level (30 hours), University of Geneva		
✓ Highlights	✓ Main appointments	✓ Education	✓ Publications	✓ Grants	✓ Visiting
✓ Editorial	✓ Teaching	✓ Membership	✓ Research	✓ Conference	✓ Talks
✓ Professional	✓ Languages	✓ Press	✓ Training	✓ Skills	✓ References

	Fall	Réseaux et capital sociale dans le monde de la jeunesse [Networks and Social Capital Among Youth] B.A. Level (30 hours), University of Geneva
		Comment faire mon mémoire de maîtrise [How to make my Master's thesis] M.A. Level (30 hours), University of Geneva
2023 · 2024	Spring	Analyses des réseaux sociaux [Social Network Analysis] M.A. Level (30 hours), University of Geneva
	Fall	Réseaux et capital sociale dans le monde de la jeunesse [Networks and Social Capital Among Youth] B.A. Level (30 hours), University of Geneva
		Lecturer in the course “ Analyse de données d'enquête ” [Analysis of survey data] M.A. Level (4 hours), University of Geneva
2022 · 2023	Fall	Analyses des réseaux sociaux , [Social Network Analysis] M.A. Level (30 hours), University of Geneva
	Spring	Networked Lives with Dario Spini and Eric Widmer, VIU/LIVES Winter School, 7-11st March 2022, Venice International University
	Fall	Réseaux et capital sociale dans le monde de la jeunesse , [Networks and Social Capital Among Youth] B.A. Level (30 hours), University of Geneva
		Lecturer in “ Convention de divorce et inégalités de genre ” M.A. Level (30 hours), University of Geneva.
2021 · 2022	Spring	Analyses des réseaux sociaux , [Social Network Analysis] M.A. Level (30 hours), University of Geneva
		Lecturer in “ Convention de divorce et inégalités de genre ” M.A. Level (30 hours), University of Geneva
	Fall	Lecturer on quantitative methodologies in the workshop “ Parchemins ”, M.A. Level (30 hours), University of Geneva
		Réseaux et capital sociale dans le monde de la jeunesse [Networks and Social Capital Among Youth] B.A. Level (30 hours), University of Geneva
2020 · 2021	Spring	Tutorial associated with the lecture Sociologie de la famille , [Sociology of Family] B.A. Level (30 hours), University of Geneva
Before 2020	Spring 2016	Métodos cuantitativos [Quantitative Methods] B.A Level (30 hours), Autonomous University of Barcelona
		Multilevel Analysis in Spss and R with J. Merino, 5st May 2016, Autonomous University of Barcelona
	Fall 2015	Tutorial associated with the lecture Métodos cualitativos [Qualitative Methods], B.A. Level (30 hours), Autonomous University of Barcelona
	Spring 2015	Métodos cuantitativos [Quantitative Methods], B.A Level (30 hours), Autonomous University of Barcelona

2014 · 2015

Fundamentos de Sociología [Theoretical Foundations of Sociology], B.A. Level (40 hours), Autonomous University of Barcelona

MEMBERSHIP

Since 2021 **DEPSO** Department of Sociology | University of Geneva
 Since 2021 **IRS** Institut de Recherches Sociologiques | University of Geneva
 Since 2018 **LIVES** Swiss National Centre of Competence in Research LIVES
 Since 2016 **INCASI** Latin America and Europe Research Network INCASI
 Since 2014 **QUIT** Centre d'Estudis Sociològics Vida Quotidiana i Treball | Un. Aut. Barc.

RESEARCH EXPERIENCE

01.2024 · present

The Empty Office | Swiss Network for International Studies Call 2023

“The Empty Office: an international study of teleworking”,

Host institution: University of Geneva.

Partners: University of Lausanne, Autonomous University of Barcelona, University of Amsterdam, Centre of Economic Research ZEW, SECO, International Labour Organization (ILO).

Principal Investigator

Responsibilities: elaboration of project's theoretical framework, budget and research design; coordination of partnership; analysis of quantitative data; academic articles; attending academic conferences and meetings

01.2025 · present

Out of control. Analyzing precarity and its effect on the psychological wellbeing of youth under an intersectional perspective

Host institution: Autonomous University of Barcelona

Research Team Member

Responsibilities: elaboration of project's theoretical framework, academic articles; attending academic conferences and meetings

05.2018 · 12.2022

Meso-Level and Policy Mechanisms of Vulnerability | NCCR Lives

Developing a multidimensional, dynamic and contextualized model of vulnerability”. Lead Researcher: Prof. Dario Spini

Research Team Member

Responsibilities: analysis of qualitative and quantitative materials; academic articles; attending academic conferences and meetings

02.2018 · 05.2018

Netwir IDG Employment (UE)

Networked coordination of industrial relations

Lead Researcher: Prof. Oscar Molina, Universitat Autònoma de Barcelona

Research Team Member

Responsibilities: elaboration of project's theoretical framework and research design

10.2017 ·
04.2018**Bridges I Programme Recercaixa (Spain), Ref: pz613501**

The gender-pay-gap as multidimensional phenomenon. Analysis on institutional, organizational and cultural barriers". Lead Researcher: Prof. Pilar Carrasquer, Universitat Autònoma de Barcelona

Research Team Member

Responsibilities: dissemination, attending academic conferences10.2017 ·
04.2018**Capsines I Ministry of Economy (Spain), Ref: CSO2016- 77905**

The accumulation and use of social capital among young people with unstable labor trajectories". Lead Researcher: Prof. Joan Miquel Verd, Universitat Autònoma de Barcelona

Research Team Member

Responsibilities: elaboration of project's theoretical framework and research design; design, coordination and conduction of fieldwork.03.2014 ·
03.2017**Redemas I Ministry of Economy (Spain), Ref: CSO2012- 77905**

Social networks as a mechanism of job insertion and social support among young people" Lead Researcher: Prof. Joan Miquel Verd and Carlos Lozares Colina, Universitat Autònoma de Barcelona

Research Team Member

Responsibilities: fieldwork; analysis of qualitative and quantitative materials; academic articles; attending academic conferences and meetings.CONFERENCE
PRESENTATIONS

2025

Vacchiano, M. et al. How Telework Modalities Reshape Social Life and Social Interactions. Oral presentation, The International Sunbelt Social Network Conference, Paris (France), 23-29 June

Vacchiano, M. & Valente, R. The Long-Term Effects of Childhood Residential Mobility on Later Social Capital: The Paradox of Frequent Moves and Agency. Oral presentation, SLLS Annual Conference, 8-10 September, Fribourg (Switzerland)

2024

Valente, R & **Vacchiano, M.** Residential instability and social capital: A longitudinal model from childhood to adult life. Oral presentation, American Sociological Association (ASA) Annual meeting, Montreal, 9-13th August

Vacchiano, M. The Empty Office: a Network Study of Teleworking. Oral Presentation, (ISNA) Sunbelt XXXIX, The International Sunbelt Social Network Conference, Edinburgh (Scotland), 24-29st June

Vacchiano, M. What's Going on with Teleworking? A Scoping review on Its Effects on Wellbeing. Oral presentation, Swiss Sociological Association Conference, Basel, 8-9th September

2023

Vacchiano, M., & Widmer, E., De Bel, V. Being Your Own Boss: Network Determinants of Young People's Orientations towards Self-Employment" Oral presentation, NCCR LIVES International Conference, Lausanne, 8-9th November

Vacchiano, M. Online Leisure -not Offline- Protected Psychological Health at the Onset of the COVID-19 Pandemic. Oral presentation, International

Conference of Panel Data Users, Lausanne, 14th June

- 2022 **Vacchiano, M.** Multilevel Networks and Status Attainment. Oral presentation, NCCR LIVES Final Conference, Geneva, 17th -18th November
- Vacchiano, M.**, & Widmer, E., De Bel, V. Being Your Own Boss: Network Determinants of Young People's Orientations towards Self-Employment" Oral presentation, EUSN 6th European Conference on Social Networks, London, 10 September
- 2021 **Vacchiano, M.**, & Valente, R. "Did the Screens Win? An Autoregressive Model Linking Leisure, Social Capital and Mental Health" 116th American Sociological Association (ASA) Annual Meeting, 6–10 August 2021
- Vacchiano, M.** "Human After All: On the Need for Face-to-Face Interactions alongside Our Digital Lives". EUSN 5th European Conference on Social Networks, Naples, 7th August – 10th September
- 2020 **Vacchiano, M.**, & Bolano, D. "Leisure, Social Capital and Mental Health: A Study Among Young People in Switzerland" 115th American Sociological Association (ASA) Annual Meeting, San Francisco (US), 8–12 August 2020
- 2019 **Vacchiano, M.**, & Spini, D. "What Does Meso-Level Mean?' (Network) Theory and Applications for Life Course Research" 114th American Sociological Association (ASA) Annual Meeting, New York, August 2019
- Vacchiano, M.**, & Spini, D. "The Meaning of Meso Level: A Network-based Perspective for Life Course Research". European Consortium of Sociological Research (ECSR), Lausanne, 12–14 September
- Vacchiano, M.**, & Bolano, D. "Chatting Alone? The Relation Between Young People's Leisure and Social Exclusion Outcomes". European Consortium for Sociological Research (ECSR) Lausanne, 12–14 September 2019
- Vacchiano, M.**, & Valente, R. "Why do We Have Fear? A Multilevel Analysis of the Feelings of Unsafety in Latin America". XIII Congreso Español de Sociología, Valencia, 3– 6 July
- 2018 **Vacchiano, M.**, Bolibar, M. & Verd, J.M. "Networks and job outcomes: do better contacts increase labor stability?" Oral presentation, (ISNA) Sunbelt XXXVIII, The International Sunbelt Social Network Conference, Utrecht (Netherlands), 1st July
- Vacchiano, M.**, & Molina, O. "The process of coordination of industrial relations: a network-based analysis". Oral presentation, (ISNA) Sunbelt XXXVIII, The International Sunbelt Social Network Conference, Utrecht (Netherlands), 1st July
- 2017 **Vacchiano, M.**, & Verd, J. M. "The importance of contacts during the labor transitions: A longitudinal study among young adults" Oral presentation, SLLS Conference 2018, 'Qualitative and Quantitative Longitudinal Research on Social Change and Its impact, Milan (Italy), 6th July-11st July
- Vacchiano, M.**, & Martí J. "Networks and status attainment: evidence from Spain". Oral presentation, EUSN Conference on Social Networks, Mainz
- Vacchiano, M.**, Martí, J. & Yepes, L. "Family social capital during the labour market transitions. Inequalities and mechanisms". Oral presentation, ESA European Sociological Association, Athens, 29th August – 1st September
- 2016 **Vacchiano, M.** "Estrategias precarias: Herramientas para afrontar la incertidumbre juvenil". Oral presentation, VIII Congreso Asociación Latino

Americana de Estudios del Trabajo, Buenos Aires, 2-5 August

Yepes-Cayuela, L., & **Vacchiano, M.** "Labour trajectories of young people and social networks: longitudinal approach". Oral presentation, 37th Annual Conference of the International Working Party on Labour Market Segmentation, Barcelona, 6th– 8th July

Yepes-Cayuela L., **Vacchiano, M.**, & Marti, J. "Redes personales y búsqueda de empleo en población joven". Oral presentation, XII Congreso Español de Sociología, Gijón, 30th June

Vacchiano, M. "Incertidumbre y empleo: Estrategias, recursos y desigualdades de las redes sociales" Oral presentation, IV Encuentro Internacional. Teoría y práctica política en América Latina : Nuevas y viejas desigualdades, Universidad de Mar de la Plata (Argentina), 9th -11th March

2015

Vacchiano, M. "Youth and job search process: understanding the role played by Social capital in Catalonia". Oral presentation, ESA 12th Conference of the European Sociological Association, Prague, 25th-28th August

Vacchiano, M. "The Good Reasons of Social Networks. Reasonableness in using contacts as job search method". Oral presentation, (ISNA) Sunbelt XXXV, The International Sunbelt Social Network Conference, Brighton, 23rd – 28th June

Barranco, O., Muntanyola, D., & **Vacchiano, M.** "Inequality in Job Seeking Strategies: Social Networks and Mobilization of Labour Contacts Among Spanish Young Adults". Oral presentation, (ISNA) Sunbelt XXXV, The International Sunbelt Social Network Conference -, Brighton, 23rd-28th June

2014

Muntanyola, D & **Vacchiano, M.** "The Inequality of Looking for (and Finding) a Job: Mixed methods in Social Networks of Spanish Young Adults". Oral presentation in 1st European Social Networks Conference. Barcelona, 1st-4th July

Muntanyola, D. & **Vacchiano, M.** "La desigualdad para encontrar trabajo: agencia, redes sociales y trayectorias laborales de la juventud española". Oral presentation in VII Congreso Andaluz de Sociología. Málaga, 6th– 8th November

INVITED TALKS

2025

Vacchiano M. Eight lessons on teleworking. LIVES seminar, 9 December

Vacchiano M. Solitude, conflits et télétravail. International Managment Bussines Schoola, Geneva, 5 Decembre

Vacchiano M. Teleworking is changing our lives and our social interactions. LIVES day, 3 June

Vacchiano, M. The Empty Office: an international Study of Teleworking. Stete Secretariat for Economic Affairs, ,19 May

2024

Vacchiano, M. What's going on with teleworking? LIVES day, 1st June

Vacchiano, M. Being Your Own Boss: Network Determinants of Young People's Orientations towards Self-Employment, University of Lausanne, 20th. November

2023

Vacchiano, M. La oficina vacía: un estudio internacional sobre el teletrabajo, University of Buenos Aires, 22th December

Vacchiano, M. Cartographier le télétravail et son impact sur la santé mentale, State Secretariat for Economic Affairs, Bern, 28th November

Vacchiano, M. The Empty Office: An International Study of Teleworking, University of Geneva, 16th June

Vacchiano, M. Telework and Wellbeing: A Scoping Review, State Secretariat for Economic Affairs, June 26

Vacchiano, M. Networked Lives, LIVES Day, University of Lausanne, June 7

2022 **Vacchiano, M.** “Being Your Own Boss: Network Determinants of Young People’s Orientations towards Self-Employment” CHX meeting., Geneva, October 11

2021 **Vacchiano, M.** (2021). “Human After All: On the Need for Face-to-Face Interactions Alongside Our Digital Lives”. DEPSO online, University of Geneva, 22nd June

2019 **Vacchiano, M.** (2019). “The Meso-Level: A Network-Based Perspective”. LIVES workshops, University of Lausanne, 4th November

2015 **Vacchiano, M.** (2015). “Mobilizing social capital along the job search process: do people follow a strategy?” QMSNR, Qualitative method[ologie]s in social network research, University of Hildesheim, Hildesheim, 12th-13th March

Vacchiano, M. (2015). “Els processos de recerca laboral juvenil: l’ús del Process Tracing com a mètode d’anàlisi qualitativa”. Seminaris Quit, Universitat Autònoma de Barcelona, Department de Sociologia, Barcelona, 30th September

PROFESSIONAL SERVICE

Organization of panels, conferences, workshops

- | | |
|------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Since 2022 | Organizer of the seminar series Le Déjeuner Sociologiques University of Geneva |
| 2026 | Conference Organizer of FrogNet 2026 “ Conférence francophone interdisciplinaire d’analyse des réseaux ” 24-26 June, 2026, Geneva, Switzerland |
| 2025 | Session Organizer at the INSNA SUNBELT “ The role of networks in education and labor markets ” 23-29 June, 2025, Paris, France |
| 2023 | Session Organizer at the VII EUSN Conference “ Family Networks and Personal Networks over the life course ” 5 th September, 2023, Ljubljana, Slovenia |
| 2022 | Organizer of the workshop Networked Lives , VIU/ LIVES Winter School, 7-11 st March 2022, Venice International University |
| 2021 | Member of the organizing team of the workshop “ Convention de divorce et inégalités de genre ” at the University of Geneva |
| 2021 | Member of the organizing team of the workshop “ Parchemins ” at the University of Geneva |
| 2019 | Organizer of the LIVES workshop “ Meso Level Dynamics in a Life Course Perspective ” 4 th November, University of Lausanne |
| 2018 | Organizer of the LIVES Day session “ Stress and resources dynamics in social interactions and across analysis levels ”, 22 nd June, Crêt Bérard |

	2018	Session Organizer at the XXXVIII Sunbelt “ Networks and the labour market ”, 1 st July, 2018, Utrecht, Netherlands.
Sponsorship of visiting scholar	2025	Eduardo Brancho do Montes Oca KU Leuven Awarded FNR in 2025
		Eva Padrosa Sayeras Universitat Pompeu Fabra Awarded Lives Visiting scholar in 2025
		Riccardo Valente Universitat Autònoma de Barcelona Awarded Lives Visiting scholar in 2024
Member of dissertation committee	2025	Jury as expert in work relations <i>University of Geneva (Switzerland)</i> MA dissertation of Aitana Daimari (supervisor: Claudine Burton-Jeangros)
	2024	Jury as expert in youth and personal network <i>Autonomous University of Barcelona (Spain)</i> PhD dissertation of Alejandro Gonzalez Heras (supervisor: Joan Miquel Verd)
	2023	Jury as expert in networks and young people <i>University of Geneva (Switzerland)</i> MA dissertation of Tina Latifi (supervisor: Eric Widmer)
		Jury as expert in youth and mental health <i>University of Geneva (Switzerland)</i> BA dissertation of Rudi Alves (supervisor: Claudine Burton-Jeangros)
	2022	Jury as expert in youth and leisure <i>University of Geneva (Switzerland)</i> BA dissertation of Dougan Jordan (supervisor: Jean- Michel Bonvin)
Supervision of master and bachelor theses		Jury as expert in mental health issues <i>University of Geneva (Switzerland)</i> MA dissertation of Justine Daverio (supervisor: Stéphane Cullati)
	2025	Bulti, A (2025). Working from home and well-being: the mediating role of social interactions. Master thesis. Univ. Geneva
		Kalem, Y (2025). Parenting and remote working. Master thesis. Univ. Geneva
	2024	Torrelas, E (2024). Quand le sport devient une religion. Bachelor thesis. Univ. Geneva
	2023	Bulti, A (2023). Une analyse relationnelle du rap à Genève. Bachelor thesis. Univ. Geneva
		Bernasconi, R (2022). The Influence of Buyer-Supplier Relationships on Supply Chain Sustainability: Evidence from the Italian Agri-Food Context. Master thesis. Univ. Geneva.
		Lacalamita, M. (2022). Le capital social et les réseaux sociaux: Une étude sur le rôle des contacts personnels dans l'intégration professionnelle des jeunes. Bachelor thesis. Univ. Geneva.

Other committees	2025	Jury Member of the evaluation committee of the master course “life course research”, January 21, University of Geneva Working Group coordinator LiveZ transitions to adulthood of Generation Z Working Group
	2024	Discussant as expert at the NCCR LIVES Doctoriales 13 th Edition, University of Geneva, 13 February, Session 2: <i>The influence of the personal network on the perception of linguistic similarity</i>
	2024	Jury Member of the evaluation committee of the master course “life course research”, January 22, University of Geneva
	2023	Expert reviewer for calls for funding of the <i>Agencia Estatal de Investigación</i> , Ministry of Sciences and Innovation (Spain) . Member of the Scientific Committee for the auto- evaluation of the Master of Sociology at the University of Geneva Selection Committee Member of the position of <i>Maître-assistant</i> University of Geneva Jury Member of the evaluation committee of the master course “life course research” University of Geneva Discussant as expert at the <i>NCCR LIVES Doctoriales 12th Edition</i> , 4 rd February, University of Lausanne. <i>Subjective and Objective Territorial and Network Effects on Mental Health: Evidence from a Municipality in Switzerland</i>
	2021	Board Member of the Scientific and Advice Committee of the Master in Standardization, Social Regulation and Sustainable Development Selection Committee Member of the position of <i>Maître-assistant</i> University of Geneva STAREG Master Coordinator <i>University of Geneva (Switzerland)</i>
	2020	Discussant as expert at the <i>LIVES Doctoriales 9th Edition</i> , 4 rd February, <i>University of Lausanne</i> . <i>Session: Ego-centric Social Networks and Social Identification</i>
Reviewer		Social Networks, Advances in Life Course Research, Computers in Human Behaviour BMC Public Health, British Journal of Sociology, PLoS ONE, International Sociology, BMC Public Health, Journal of Institutional Economics, Sociological Focus, Journal of Ethnic and Migration Studies, Technological forecasting and social change, Sociological Research Online, Journal of Demographic Economics, Palgrave Macmillan, Acta Psychologica

LANGUAGES

Italian

English

French

Spanish

Catalan

Native

Proficient

Proficient

Proficient

Intermediate

✓ Highlights	✓ Main appointments	✓ Education	✓ Publications	✓ Grants	✓ Visiting
✓ Editorial	✓ Teaching	✓ Membership	✓ Research	✓ Conference	✓ Talks
✓ Professional	✓ Languages	✓ Press	✓ Training	✓ Skills	✓ References

DISSEMINATION

- 2025 Forthcoming interview with Fanny Moille (RTS)
“The Empty Office: an international Study of Teleworking”.
- 2023 “In Argentina ha vinto la disperazione”. *Internazionale*, 6 December 2023
Interview with AES (UNIGE): <https://www.instagram.com/p/CmEEaKdAH2I/>
- 2022 Definition of Social Network on Wiki-glossaire LIVES
Definition of Social Capital on Wiki-glossaire LIVES
Definition of Meso Level on Wiki-glossaire LIVES
- 2020 «Espagne: un job grâce à papa» on Horizon. Interview with Astrid Tomczak
- 2019 Methodological support at El Terra Enganxos De Les Dones A La Ciutat de Barcelona'. Barcelona Activa (BCN City Council).
Pourquoi le temps de loisir est-il important pour les jeunes adultes?'
Newsletter LIVES Cohort.
- 2018 “La importancia de los contactos personales para buscar empleo”.
UAB divulga. 23rd May

COMPUTER SKILLS

R, SPSS, Mac, Windows, Microsoft Office and Open Office packages,
Visone, Ucinet, Network Canvas, Zotero

REFERENCES

Prof. Bernie Hogan

Oxford Internet Institute
bernie.hogan@oii.ox.ac.uk

Prof. Stephanie Steinmetz

University of Amsterdam/Lausanne
S.M.Steinmetz@uva.nl

Prof. Emmanuel Lazega

Institut d'Etudes Politiques de Paris
emmanuel.lazega@sciencepo.fr

Prof. Richard A. Settersten

Oregon State University
richard.Settersten@oregonstate.edu