



THREE QUESTIONS

Use these questions to help you get some clarity on what you are here to do now - on the impact you are here to make at this pivotal time. Think about what is going on in the world right now... And then answer the questions below. Do this as a journaling practice, where you just write whatever comes. And then you can look back at the themes that came up in your writing.

WHAT ARE YOU ANGRY ABOUT?

WHAT INSPIRES YOU THE MOST?

WHAT WOULD YOU DO IF YOU KNEW YOU WOULD FLY?